MISSORIE BAY

TOP 10 THINGS TO DO and more!

SEASONS OF UNFORGETTABLE EXPERIENCES



CANADA'S AIRFORCE DEFENCE HISTORY





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CHIEF SCOTT MCLEOD

Aanin / Hello:

On behalf of the Nipissing First Nation Council, Community, I would like to extend a warm welcome to our traditional territory.

Lake Nipissing is our home and has been since time immemorial. Our people have depended on this lake to sustain us for thousands of years and it is critical to our way of life. The lake is critical to our well being as a people - we belong to the lake and not the other way around.

Historically, the Nipissings were traders due to the lake's central location at the junction of major trade routes. Today, we continue to depend on the lake as a vital part of our economy and for its cultural and spiritual significance.

We ask that you respect our lake during your time visiting our territory and all the beings that depend on its health to sustain themselves. Our lake is under



constant pressure from many users and we ask that you be mindful of that as you visit this area.

We are proud stewards of this lake and the lands that surround it, and we hope that you enjoy your time visiting our territory.

Bi-biingeyok maa Nbisiing. Welcome to Nipissing First Nation.







MAYOR PETER CHIRICO

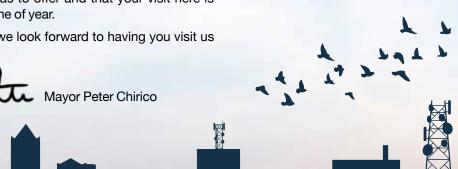
Welcome to the City of North Bay:

We are an inclusive and caring community, offering unique shopping and dining experiences, events and outdoor adventures.

Located within the traditional territory of Nipissing First Nation, North Bay is nestled between Lake Nipissing and Trout Lake and is celebrated for its scenic Northern Ontario landscapes.

Whether you're vacationing or stopping over for business, we hope you enjoy all that our City has to offer and that your visit here is memorable, no matter the time of year.

Please enjoy your stay and we look forward to having you visit us again soon!



Scott Edworthy Paul Ritter Ed Regan Vanessa Tignanelli Brian Boudreau Rob Stimpson

Destination Ontario

Evermore Photography Nipissing First Nation McCrea Production Eric Treleaven Patrick Gilbert City of North Bay Chris Mayne

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Thanks to all the local photographers who contributed to the magazine:



FAMILY FRIENDLY

We pride ourselves on being a family friendly community and have multiple free activities for parents and kids to enjoy including the outdoor basketball and volleyball courts, splash pads and an all-accessible playground conveniently positioned behind the North Bay Museum on Oak Street East.

Experience and enjoy the unique charms of North Bay's downtown which is a convenient, 5 minute stroll from the picturesque waterfront district. Immerse yourself in the colourful atmosphere, with local businesses ranging from delightful restaurants and bakeries to one-of-a-kind shops and professional services. Indulge your senses and uncover the hidden gems that make Downtown North Bay truly special.

Downtown North Bay is a hub of activity throughout the year, hosting an array of neighborhood festivals and events including the lively Downtown Gallery Hops, where you can discover the creativity of local artists or enjoy one of Ontario's largest markets, by visiting the North Bay Farmers' Market rain or shine every Wednesday and Saturday in the summer. Visitors and residents alike mark their calendars for the annual Bay Block Party and Old Fashion Downtown Christmas Walk, where thousands gather and create unforgettable moments.

Whether walking or driving, Downtown North Bay offers pedestrian pathways and parking conveniences with one hour of free on-street parking (with receipt) and generous two-hour ticketed parking in Lot 2, 4 and 10.

We invite you to discover the heart of North Bay, support local businesses, and create unforgettable memories. Plan your visit today and experience all that Downtown North Bay has to offer.





WATERFRONT

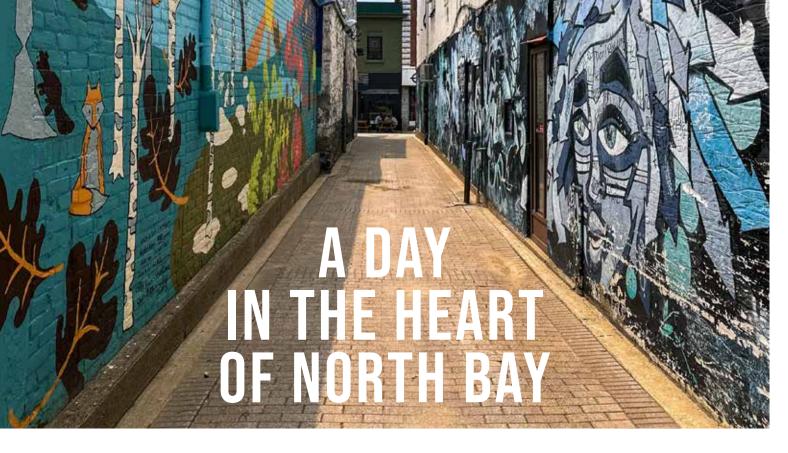
Take advantage of the proximity from the downtown district to the breathtaking Lake Nipissing waterfront. Enjoy stunning views, take a leisurely stroll along the beach, have fun at the playground or embark on a memorable cruise on the Chief Commanda II.

For those young at heart, experience the magic of the lovingly restored Heritage Carousel or take a nostalgic tour on the Heritage Railway via mini train.

The natural beauty and tranquility is what sets this neighborhood apart.



6 downtown north bay tourismnorthbay.com 7



written by creative industries

Beyond its small-town charm known for attracting film and television producers and tourists alike, Downtown North Bay offers visitors a rich cultural landscape to explore. From lively murals adorning walls and street corners to remarkable art galleries, eclectic artisanal markets, and captivating live performances, a day in the heart of North Bay's arts and culture scene promises an unforgettable journey through the soul of the city.

A Morning Street Art Tour

As the sun emerges over the heritage buildings of the downtown core, begin your day with a warm cup of coffee in hand from one of the many cafes, embarking on a leisurely stroll that doubles as an outdoor art gallery. The streets come alive with an impressive display of vibrant murals and public art pieces, from local and contemporary Canadian artists. Embark on a self-guided tour, tracing the captivating stories depicted on the city's walls. Highlights include a Main Street West

mural from Chippewa and Potawatomi artist Chief Lady Bird, along with murals from local artists Hannah Smith and Bridgette Perron along the pathway between the McIntyre parking garage to Main Street West. Check out the many traffic boxes adorned with local artists and let the creative energy set the tone for an inspiring day ahead.

Gallery Hopping: A Local Creative Tradition

Transitioning from street side marvels to indoor wonders, North Bay's many art galleries and shops await. Dotted along the Main Street corridor, these spaces set the scene for a city tradition by the name of "The Downtown Gallery Hop". This quarterly event welcomes community members and visitors to flood the streets and visit the participating artistic institutions and take part in the cultural programming. A must see stop while visiting is the WKP Kennedy Gallery, which stands as a cornerstone of the city's artistic landscape. The gallery showcases a

diverse collection of contemporary and traditional artworks as North Bay's public art gallery located in the Capitol Centre.

Venture further into the heart of the arts district to discover the White Water Gallery, Canada's longest running artist-run centre, nurturing the growth of local talents and hosting a wealth of contemporary Canadian artists. Through its thought-provoking exhibitions and interactive events, the gallery serves as a thriving hub for both seasoned artists and emerging talents.

No exploration of North Bay's cultural institutions would be complete without a visit to the North Bay Museum. Located in the historic Pacific North Railway Station, the museum is home to a blend of interactive and artifact-based exhibits that are designed to appeal to audiences of all ages. The friendly museum team also host a variety of events year round, with heavy favorites being the Retro Video Game Exhibit in spring, and guided Haunted Hikes in fall.

Retail Therapy: Local Craftsmanship and Artisan Treasures

Along Main and Oak streets lie many shops showcasing local artisans and craft makers, along with a diverse array of locally sourced products.

The FARM - fashion, art, retail market is a collective of emerging and established designers whose aim is to share and support local and Canadian talent. Celebrating the craft and workmanship that goes into all handmade products, they provide both a boutique-style retail space as well as a work-space for its members to share their skills and experiences. It's a one stop shop for the most adorable locally and Canadian made finds.

For those with a penchant for needlework and creative crafting, Stix & Stones offers a haven of knitting and crocheting workshops and supplies. Delve into the world of intricate designs and tactile wonders, embracing the joy of creation and the soothing rhythm of handmade craftsmanship.

K Bros Maroosis Art Centre, is an art supply shop, framing and art gallery serving our local arts community since 1963, and have been working with Indigenous artists for over 30 years. They have an amazing array of works from artists like Frank Polson, Steve Snake, Dreamwalker, Alice Orley and Helen Hall.





Evening Vibes in a Music City

First-time visitors may be surprised to discover North Bay's best kept secret is the vibrant music scene that fills its many venues. As dusk descends upon the city, begin your night at North Bay's historical Capitol Centres' Betty Speers Theatre. This iconic venue which is recognized as a heritage site in North Bay has hosted legendary performers over the years including Johnny Cash, Phyllis Diller, Brenda Lee, Roy Orbison, and many more. The timeless landmark now hosts celebrated touring artists as well as local talent, including the North Bay Symphony and Blues Fest event which expands to venues across the downtown.

After an exciting evening at the historic theatre, you're now looking to keep the party going - why not head down the street to Lou Dawgs on Main Street East, an iconic watering hole that hosts live music from local acts most days of the week

Or you may choose to spend your time at North Bay's largest annual street

event, the Bay Block Party where the entire downtown transforms into a music lovers dream! Local and touring artists perform on the main stage from morning to night at this all day music-driven street festival. Festival season aside - any time of year is the right time to see an array of excellent live music, the downtown is buzzing with talent around every corner.

You've seen the sights, taken in some fantastic art, danced to the music and even brought home some locally crafted artisan wares, and it's time to retire to your hotel for the evening after a day well spent in Downtown North Bay. Imagining the city beyond its small-town ambience, lies the artistic pulse of the arts and culture community. Whether it is the first day of your itinerary or the last, making your way through the heart of North Bay's arts and culture community is a must do. The many artisans, musicians, shops and venues are waiting to welcome you downtown.

8 a day in the heart of north bay tourismnorthbay.com 9

DISCOVER THE RICH TAPESTRY OF NORTH BAY'S INDIGENOUS HISTORY AND CULTURE

written by north bay indigenous friendship centre

When you think of North Bay, you might envision a picturesque place where modern highways and railways intersect amid stunning natural landscapes and serene waterways. However, North Bay is more than just a scenic crossroads. It's a region steeped in history, particularly Indigenous history, that has shaped the identity of this enchanting city.

A Timeless Gathering Place

For thousands of years, the shores of Lake Nipissing have served as a gathering place for countless people. They would come to trade, engage in ceremonial rituals, and find solace in this pristine setting. This area is the ancestral homeland of the Nbisiing (Nipissing) People, nestled on the shores of Lake Nipissing, with Algonquin territory to the east and the Tema Augami (Temagami) Nation to the north.

Long before European contact, this region was a bustling hub, teeming with life and the activity of commerce and community. An estimated 10,000 Ojibwe individuals called Nipissing territory their home. People of this entire corridor from Nipissing to the Maritimes constructed remarkable canoes from materials such as birch bark, cedar, and spruce roots, with the iconic white-barked birch trees still gracing the landscape today. You can see these beautiful vessels at places like the Mattawa Museum and the Samuel de Champlain Provincial Park.

Lake Nipissing: A Place of **Migration and Cultural Diversity**

Lake Nipissing has been occupied for over 10,000 years. It is said the Anishinaabe people migrated here in response to a foretelling that hard times were approaching for the people, a large canoe was bringing others to this place. As the Elders instructed, they embarked on a journey westward. loading their birch bark canoes with hope and determination.

During this remarkable migration, communities formed at various stops along the way, laying the foundation for a diverse tapestry of cultures to develop over time, such as the Mi'kmaq, Abenaki, Ojibwe Potawatomi, Algonquin people. This diversity gave rise to the Algonquin group of woodland people, who celebrate and acknowledge their connects still today.

Upon reaching Lake Nipissing, they discovered vast fields of wild rice flourishing on the water, a clear manifestation of the land's bountiful offerings, closely aligned with the prophesied food growing on the water. Some saw it as a compelling sign to establish their settlements here, while others chose to continue their journey, encircling the expansive inland seas, including the Great Lakes, establishing thriving communities along the way. This cherished location, situated at the water's edge and known as Nbisiing, became their home. Today, the Nipissing First Nation diligently safeguards these waters and is actively engaged in the restoration of the cherished wild rice beds.



chief michel shabogesic, who was instrumental in the creation of the robinson huron treaty of 1850.

A Glimpse into Ancient Lake Levels

For a glimpse into the geological significance of the region, visit the numerous escarpment lookouts in North Bay. These vantage points offer breathtaking views of ancient lake levels, where glacial waters once surged, raising the levels of Lake Nipissing far higher than they are today.

Six centuries ago, Lake Nipissing flowed into the French River system and the Trout Lake System. Today, remnants of this connection can be found at the La Vase Portage, located just outside the city along Highway 17 E.

Unearthing Indigenous Records

The earliest records of the region date back to the 1600s when Jesuit explorers arrived, documenting a thriving Indigenous population of over

10,000 individuals. These records, though viewed through a European lens, offer invaluable insights into the area's history and culture. Indigenous scholars continue to explore and reinterpret these records, shedding new light on the past.

Resilience and Alliance in **Turbulent Times**

The 1700s brought challenges, particularly during the tumultuous Fur Wars, when the Nipissing people were forced from their lands by the Iroquois with British support. However, the Nipissing displayed remarkable resilience and determination, returning to their ancestral lands.

In a testament to their strength, they forged an alliance with the British, successfully defending against American forces in 1814. As well as many as 10,000 Indigenous warriors from across the entirety of the Anishinabek Nation were the foundation of the troops during the War of 1812. If it were not for these brave warriors, we would be Americans todav.

From Village to City: **Transformation Through the** Railroad

North Bay's transformation from a modest village into a bustling city was catalyzed by the arrival of the railroad in 1884. This growth unfolded on the traditional lands of the Nipissing First Nation, shaping the city's development significantly.

The 1850 Robinson Huron Treaty, intended to encompass these lands in reservation boundaries, has paved the way for recent settlements and developments, marking an ongoing journey toward recognition and justice for the Anishinaabe people.

Honouring Indigenous Contributions

As North Bay approaches its centennial anniversary of incorporation in 2025, efforts are underway to acknowledge the vital contributions of the Nipissing First Nation and Indigenous communities. One such step is the renaming of the city's largest beach after Chief Shabogesic, one of the first treaty signatories.

Visitors keen on delving deeper into this rich history can embark on a cruise on Lake Nipissing aboard the Chief Commanda II boat, named after a revered leader of the Dokis First Nation. The Commanda name itself carries a story, born during the War of 1812 when a warrior was referred to as "Commander," a precursor to the European practice of using first and last names.

At pow-wows, you'll encounter a variety of dances, but be sure to listen for the Intertribal dances, where quests from all nations are welcomed to join in the celebration. Among the most prominent pow-wows in the area is the Maamwi Kindaaswin Pow-Wow hosted by the North Bay Indigenous Friendship Centre, offering a chance to learn different dances and capture awe-inspiring photographs.

A Thriving Indigenous Community

Today, North Bay's Indigenous population stands at over 8.000 individuals. The city provides numerous



Experience Indigenous Culture: Pow-Wows and Beyond

One of the most captivating ways to immerse yourself in Indigenous culture is by attending one of the many local pow-wows held throughout the year, particularly during the summer. These gatherings offer a unique opportunity to witness large drums, an ancestral gift from women to men to promote harmony and unity.

Pow-wow songs, often without words, convey profound meanings, fostering a sense of connection among participants. While these events are open to the public, it's essential to observe etiquette and respect ceremonial rules, such as the sacred nature of regalia.

opportunities to experience modern Indigenous cultures, from pow-wows, special events, to art exhibitions at the WKP Kennedy Gallery.

Indigenous creativity is celebrated as a vital aspect of personal development, and you'll find many Indigenous events and initiatives throughout the area during your visit. These opportunities offer a window into the vibrant tapestry of Indigenous life that continues to enrich North Bay's identity.

In North Bay, the past is not a distant memory but a living presence, that is reflected in the faces of the Indigenous people who still call this place home.





One of the most captivating aspects of spring in North Bay is the transformation of its natural surroundings. As temperatures rise, the snow and ice melt away, revealing the lush greenery that lies beneath. Trees and flowers burst forth in a symphony of color, painting the city with hues of pink, purple, and white.

For those who cherish the great outdoors, North Bay offers a multitude of opportunities to bask in the beauty of the season. The city's extensive network of hiking and biking trails comes to life, as avid adventurers and casual strollers alike take to the pathways. Places like the Kinsmen Trail, Kate Pace Way, and the scenic trails of the Duchesnay Falls provide a perfect backdrop for watching spring bloom.

Water enthusiasts can take advantage of the warming weather by kayaking or canoeing on Trout Lake or Lake Nipissing or one of the region's picturesque rivers. The gentle ripples of the water mirror the blue skies and budding trees, creating a serene and tranquil environment.

Spring also marks the return of wildlife to the region. Birdwatchers and nature enthusiasts can spot a wide variety of migratory birds that pass through North Bay during their spring migration. Whether you're an experienced birder or a curious beginner, the region's forests, wetlands, and parks offer excellent opportunities to observe these winged travelers.

Spring is like a beautiful symphony of renewal with a vibrant burst of colours and life. With its enchanting landscapes, cultural festivals, and a plethora of outdoor activities, North Bay emerges as a destination where the spirit of the season comes alive and its abundant natural beauty is a playground waiting to be explored.

ACTIVITIES + EVENTS:

- Downtown Gallery Hop
- · Stroll the Kinsmen Trail
- Canoe La Vase Portages
- Cycle along the waterfront
- Observe birds returning in Laurier Woods
- Powassan Maple Syrup Festival

for more spring fun:



12 spring tourismnorthbay.com **13**





written by discovery routes

The opportunities to get out on the water are boundless in North Bay. Nestled on the shores of two pristine freshwater lakes; Trout Lake and Lake Nipissing, and interlaced with flowing rivers and creeks, secluded beaches and wild wetlands, this place is a waterlovers paradise.

Trout Lake has a number of convenient public boat launches with all-day, free parking which makes it easy to get out on the water for a floating picnic or an early morning paddle with mist rising from crystal calm waters pierced by the haunting cry of the loon. Olmsted Beach on Trout Lake is home to the

echoing from the towering cliffs as they paddle the 64km route between North Bay and Mattawa. With up to 12 portages, backcountry campsites and multiple access points, the paddle can be done as a day-trip or over any number of days.

The historic La Vase Portages are a series of three portages connecting Trout Lake to the lower La Vase River and Lake Nipissing. Notorious for its muddy conditions by the Voyageurs, the full route today is challenging and best undertaken as a guided canoe tour with The Friends of La Vase Portages as part of their annual event in July.

For world-renowned backcountry paddling, North Bay is the gateway to Algonquin Park's quieter access points at Kiosk and Kawawaymog Lake. A number of looped routes in the Park are suggested by Discovery Routes at discoveryroutes.ca.



Experience one of Lake Nipissing's spectacular sunsets on a calm summer's night from a stand-up paddleboard (SUP), or head over to Callander Bay with your kayak for a leisurely day-trip to on Lake Nipissing's west shore to spot wildlife and waterfowl on the edge of a provincially significant cranberry bog. Kayak and SUP rentals are available from the Boathouse Rental Company conveniently located at North Bay's Waterfront Park on Memorial Drive.

North Bay Canoe Club and dragon boat team. It's not unusual to see races and regattas of young Olympic hopefuls honing their skills.

Trout Lake is the headwaters to the legendary Mattawa River system - the ancient water highway used for generations for transportation and trade by the area's first people, the Anishinaabe, followed by the Voyageurs and fur traders, lumbermen and settlers. Modern-day explorers can imagine the whispers of the past



14 paddling pristine waters tourismnorthbay.com 15



PADDLING - SUP, CANOE AND KAYAK

North Bay sits at the crossroads of Ontario's finest paddling destinations with Temagami to the north, the French River and Georgian Bay to the west, the mighty Ottawa River to the east, and Algonquin Park to the south; but North Bay itself is also home to some incredible paddleboarding experiences. Set out from Shabogesic Beach or any of the other 40+ public beach access points for a stunning sunset paddle on Lake Nipissing or explore the deep, clear waters and wild pine shores of Trout Lake.

CYCLING

Paved pathways, smooth roads, rugged mountain bike trails and endless gravel backroads, North Bay has a cycling adventure for every rider. It's no wonder North Bay is regularly selected as a major cycling hub and welcomes riders every year from provincially sanctioned, fundraising and/or group riding events.



3

OFF-ROADING

Riding enthusiasts will find plenty of opportunities to explore the rugged terrain in and around North Bay. The region offers diverse landscapes and designated areas where you can indulge in thrilling, off-road adventures. With North Bay as your starting point, there are a number of riding opportunities in all directions, offering some very unique quests no matter your choice of transportation.





4

HIKING

Nature is always just steps away in North Bay. There is a plethora of hiking options (85 km+) that cater to outdoor enthusiasts of all skill levels. From gentle nature walks to challenging hikes, North Bay offers something for everyone, allowing visitors to connect with nature and discover the diverse landscapes that make this region so captivating.

16 top 8 outdoor adventures in north bay tourismnorthbay.com 17



SAILING + CRUISING

Learn to sail a basic keelboat during summer months and become a qualified skipper to handle your own boat or rent club boats during your visit. If you prefer to sit back and relax, cruise Lake Nipissing whilst taking in the North Bay skyline and our spectacular sunset cruises aboard the Chief Commanda II.



GOLFING

North Bay and surrounding areas are home to several public golf courses that offer gorgeous views and unique designs for both amateur and experienced golfers. The area's natural terrain provides a picturesque backdrop, making it a great destination for golf enthusiasts. Many of the courses are open to visitors and offer amenities such as driving ranges, putting greens, licensed patios, golf carts, and pro shops.



STARGAZING

The night sky is full of storytelling. From vast constellations to galaxies far and wide, there is only one element required: darkness. In North Bay we offer a gateway to the universe. The night sky has never been closer! Head out to Laurier Woods Conservation Area or the trails at the Laurentian Escarpment Conservation Area. If you love the night sky, or, want to see it in all its wonderment, come to North Bay and set your sights upwards.

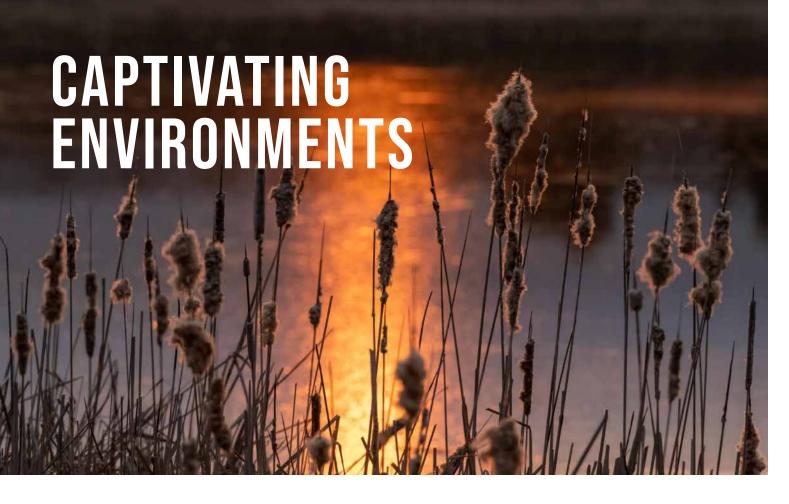




FISHING

North Bay offers exceptional fishing opportunities throughout the year. In the summer months, anglers can explore the numerous lakes and rivers in the area, each brimming with a wide range of fish species. Lake Nipissing and Trout Lake are popular destinations, known for its abundance of walleye, pike, musky, and bass.

18 top 8 outdoor adventures in north bay tourismnorthbay.com 19



written by north bay-mattawa conservation authority

Whether you're looking for a wilderness trail, a sandy beach, or an urban paved bike path, you'll discover it at one of North Bay-Mattawa Conservation Authority's (NBMCA) 15 conservation areas and multi-use trails.

Known for their stunning natural landscapes, NBMCA's conservation areas are nature's sanctuaries, preserving and protecting diverse ecosystems for future generations.

These captivating environments offer visitors a chance to reconnect with nature, appreciate biodiversity, and understand the importance of NBMCA's conservation efforts. The forests, wetlands, lakes, and other natural features found in conservation areas help prevent and reduce the harmful impacts of climate change and flooding; preserve and improve water quality and quantity; as well as provide and protect habitats for a wide range of wildlife, fish, and birds.

So, grab your hiking boots and binoculars, mountain bike or paddle, fishing rod or camera, and get set to conquer, capture, or simply experience the awe-inspiring views and vistas of our near north forests, wetlands, and waterways.

During your stay in North Bay, there are seven conservation areas and trails to explore within the City:

Take in the breathtaking view of North Bay, Lake Nipissing, and the surrounding area at the Laurentian Escarpment Conservation Area. Mountain bikers and hikers share these multi-use trails. Young hikers will appreciate the children's story book posted in partnership with the Community Oriented Outdoor Literacy group along the McNutt Family Trail. Further down the trail, you'll find the footings of a historic 53-foot giant ski jump. Built by the Laurentian Ski Club volunteers in 1936, the ski jump

played host to local and provincial ski competitions for several years, until WWII broke out.

Explore the 101-hectare (250 acres) Laurier Woods Conservation Area, where more than 33 species of birds make their home and a spectacular array of migrating birds stop during their spring and fall migration. The 10+ km trail network spans a provincially significant wetland, rocky outcrops, and upland forest, offering excellent opportunities for hiking and wildlife viewing on Michael's Boardwalk, the Haist Viewing Platform or numerous memorial benches and rest stops along the trails. Owned and managed in partnership between NBMCA and the Friends of Laurier Woods, this conservation area is a tribute to the power of community collaboration and environmental stewardship.

Walk in the footsteps of history at La Vase Portages and Elks Beach Conservation Areas where the First Nations, fur traders and Voyageurs made their way by canoe between the Great Lakes and the St. Lawrence River. The waterways at these two conservation areas connect to Trout Lake and Mattawa River, which bears the prestige of being named a Canadian Heritage River System. Historic plaques at both conservation areas mark the significance of these two sites in Canada's history books.

If you're looking for a quiet spot to simply relax, share a picnic and enjoy the view of the Manitou Islands on Lake Nipissing, spread out your beach blanket or settle in at one of the picnic tables at the Eva Wardlaw Conservation Area. There you'll also see a back flood control structure which protects 350 homes by managing the flow of water between Lake Nipissing and Parks Creek during high water events.

Looking for a paved path to bike, walk, roller blade or e-bike as you explore the waterfront or traverse the City? Follow the 12 km Kate Pace Way (named in honour of Olympic skier and North Bay native Kate Pace Lindsay) to the Lake Nipissing Waterfront or the Municipality of Callander's 2.5 km Cranberry Trail. Another children's story book can be found on the Kate Pace Way bridge which crosses the La Vase River in the south end of North Bay. The 5.4 km Kinsmen Trail, another paved



trail, features the Chippewa Creek EcoPath and Miskwaadesi (Ojibwe for Painted Turtle), a turtle-shaped granite petroform and amphitheatre which pay tribute to the traditional lands and teachings of the Anishinaabe, built in partnership with the North Bay Indigenous Friendship Centre.

Whichever conservation area or trail you choose to visit, there is plenty of parking at the trailheads and there is no fee to enter and enjoy the trails.

Dog lovers are welcome to bring along their pets, however for the safety of visitors, wildlife, and your pet, dogs must be always kept on a leash. Please remember to dispose of all pet waste in the pet waste containers or garbage bins. Help keep the trails safe and clean for everyone!

For trail maps and directions to all 15 NBMCA's conservation areas and trails, visit nbmca.ca/conservation-areas/find-a-conservation-area.



20 captivating environments tourismnorthbay.com 21





Summer in North Bay is an enchanting symphony of sunkissed adventures and natural splendor that leaves visitors and locals alike in awe.

Nestled amidst the picturesque landscapes of Northern Ontario, the city of North Bay transforms into an oasis of excitement and relaxation as warm rays dance upon shimmering lakes, sandy beaches and lush forests.

Whether enjoying the day on the serene, sandy shores of Lake Nipissing, or taking in the exciting outdoor adventures like hiking along the breathtaking Duchesnay Falls, paddling the deep waters of Trout Lake or biking the Three Towers Trail System, there is an endless array of activities to discover.



SUMMER ACTIVITIES + EVENTS:

- Bay Block Party
- Bike the Kate Pace Way
- BluesFest
- Boatapalooza
- · Chief Commanda II
- FREE Music concerts at the Kiwanis Band Shell
- Golf
- Helicopter Flights
- Heritage Carousel & Mini Train
- Maamwi Kindaaswin Pow Wow
- Nipissing Bass Masters
- North Bay Pride
- North Bay Farmers' Market including Strawberry & Corn Festivals
- Paddle Trout Lake
- Sail Lake Nipissing
- Shake The Lake Ribfest

for more summer fun:

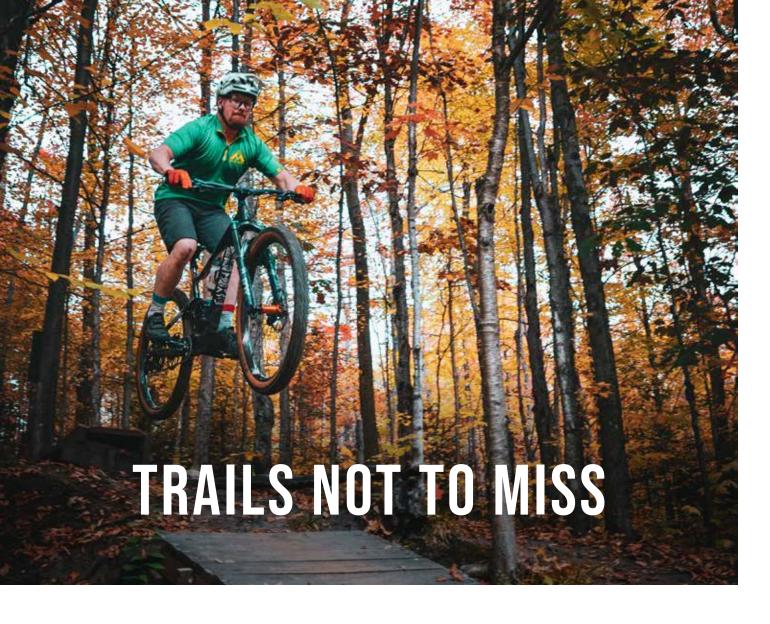


The vibrant atmosphere comes alive with fun festivals, bustling markets, and outdoor music and entertainment to enjoy under starlit skies. All these experiences forge bonds and create memories that last a lifetime.

Embrace the warmth of North Bay's northern hospitality where locals greet visitors with open arms and share their rich heritage through captivating stories and delightful cuisine.

The spirit of summer in North Bay is not just a season; it's an enchanting journey that revitalizes the soul and encourages visitors to immerse themselves in the awe-inspiring wonders of this Canadian paradise.

22 summer tourismnorthbay.com 23



written by discovery routes

Trail enthusiasts will find that active outdoor adventure is an accessible lifestyle in North Bay with nature trails, winding paved pathways, rugged mountain bike tracks and endless gravel backroads all just steps from the door. In fact, Discovery Routes, is a local charity which support and celebrate a vast network of more than 85 kms of trails in the city for every level of hiker and cyclist to explore. Each and every one of them offers a unique and immersive way to experience this area.

The beautiful Duchesnay Falls tops the list as a popular must-see destination as it boasts a network of trails ranging

from 0.2 to12 km. Duchesnay Creek flows down the Laurentian Escarpment in a series of waterfalls alongside the Education Centre trails. A heartpumping hike to the inner trails at the top of the escarpment is rewarded with beautiful views of Lake Nipissing and the Manitou Islands from a small lookout tower. Off the beaten path, the Black Forest Trail is a short 1.5km stroll through an Instagram-worthy towering pine plantation. The Otter Lake trails are a hidden gem that will take you to the outskirts of North Bay on a 4km adventure that sees few visitors. The local Conservation Areas (pg 21), each unique in their own way, offer so many





comradery. Other rugged mountain

more hiking trails suitable for the whole family: see Laurier Woods, Laurentian Escarpment, La Vase Portages Hiking Trails, Kinsmen Trail and Chippewa Creek EcoPath.

For cyclists of every level, the selfguided Spirit of the Bay Cycling Tour will have you engaging with the local arts community while cycling through a secret garden, rolling along the shores of Lake Nipissing and exploring colourful murals throughout the downtown. The tour includes a family-friendly ride along the Kate Pace Way - North Bay's contribution to the longest recreational trail in the world, the Trans Canada Trail. Road cyclists can extend the route to take in some of the region's quiet secondary highways and rural roads with wide, smooth paved shoulders.

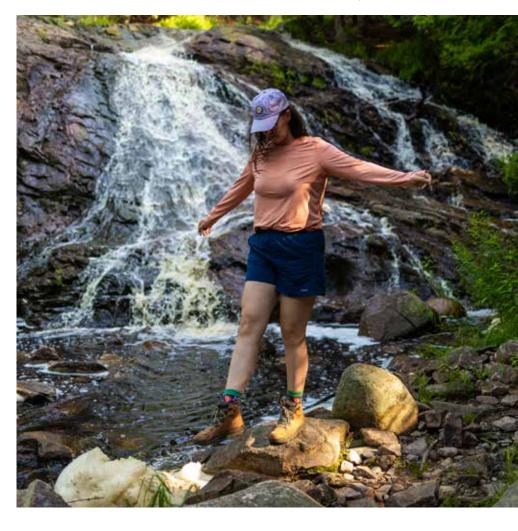
For the more adventurous, take a ride back in time following the self-guided Red Toque Cycling Tour. Across the traditional territories of the Anishinaabe and Métis, a rich history comes to life while riding the glorious gravel and paved backroads that make up the Voyageur Cycling Route. This route is also the inspiration for The Voyageur 200, a 200KM gravel bike race that runs in September.

Mountain bikers will want to connect with the North Bay Mountain Bike Association when visiting North Bay as this new organization and enthusiastic volunteers have developed a network

of trails that flow over granite ridges bike trails in North Bay are laid out in and natural bedrock berms at the Three Discovery Routes' Grind the North Towers Trails, and run a series of events adventure. and activities throughout the year for skills development, competition and

Get trail maps, route descriptions and

day-trip suggestions from Discovery Routes at discoveryroutes.ca.



24 trails not to miss tourismnorthbay.com 25



CATCH A SUNSET OVER
LAKE NIPISSING
There is a reason it is called S

There is a reason it is called Sunset Park. Enjoy a picnic, swim at the beach, throw a line in or simply watch the sun go down all year long at this beautiful spot south of the city centre. With dozens of public beach accesses along Lakeshore Drive and a variety of restaurant options to pick up dinner, it sure won't disappoint when you arrive along the shore and capture one of these infamous sunsets.



GO MURAL SPOTTING

Who doesn't love a good instagrammable moment? Or perhaps you would simply like to enjoy some urban artwork? Either way, North Bay provides a number of beautiful murals and public art pieces on buildings, downtown alleyways, public beach areas and digitally wrapped around traffic boxes.



EXPLORE THE NORTH BAY MUSEUM

Located in the historic Canadian Pacific Railway station that was built in 1903, the North Bay Museum is a cultural institution dedicated to preserving and showcasing the history and heritage of the local community.

The museum offers visitors a captivating journey through time and visitors can explore interactive displays, artifacts, photographs, and archival materials that bring the history of North Bay to life.



CRUISE THE WATERFRONT

Along the waterfront, pedestrians may choose to walk along the lock-stone sidewalk which meanders through seasonal gardens and along beautiful Lake Nipissing, while bikers and rollerbladers continue along the paved pathway, also named Kate Pace Way in honour of Olympic Skier and 'hometown daughter' Kate Pace Lindsay.



ENJOY A FREE LIVE CONCERT AT THE BANDSHELL

Come rock out at North Bay's Kiwanis Bandshell for FREE live music every week in July and August as part of the North Bay Summer Concert Series. Pack your picnic blanket or chairs and snacks from your favourite restaurant or shops and enjoy the sounds of local musicians while they rock the waterfront stage.

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CANOE LA VASE PORTAGES

La Vase Portages is a 14 km section of the historic Voyageur canoe route, which connects Trout Lake and Lake Nipissing. The route was used for thousands of years by Indigenous to the time of European contact. Europeans, including Etienne Brule and Samuel de Champlain learned of the route from First Nation guides and it was soon established as a major artery into the interior of North America. Contact Friends of La Vase Portages (lavaseportages.com) for more information and permissions before setting off.

6

INDULGE IN AN ICE CREAM

I scream, you scream, we all scream for ice-cream. Everyone in North Bay agrees that everyday is a good day to indulge in some delicious creamy goodness. Whether you are strolling the pier, perusing the main street, sitting by Trout Lake or relaxing at Champlain Park make sure you have a sweet treat in hand on that beautiful summer day in the bay.

EXPERIENCE BOATAPALOOZA

Come and enjoy the lake like never before when Average Joe's hosts Boatapalooza, a live concert on the water's edge. Hundreds of watercraft author

Average Joe's hosts Boatapalooza, a live concert on the water's edge. Hundreds of watercraft gather nearby and enjoy food delivered by Sea-Doo. No boat? No problem. Book a table at the restaurant or outdoor patio and join the fun. As part of your fun-filled summer, come experience Trout Lake and live music like never before.





TAKE IN A SHOW AT THE CAPITOL CENTRE

Dating back to 1927, the Capitol Centre is located in the heart of the city in downtown North Bay. If you're looking for a night out, what better way is there than visiting this famous historic destination? Johnny Cash, Blue Rodeo, Barenaked Ladies, and Tom Cochrane have all played the Capitol Centre, which continues to feature amazing concerts, plays and comedians. Come visit North Bay's home of performing arts and entertainment.



FIND YOUR INNER CHILD ON THE HERITAGE RAILWAY + CAROUSEL Experience the magic of the lovingly restored H

Experience the magic of the lovingly restored Heritage Carousel or take a nostalgic tour on the Heritage Railway via mini train. Located at North Bay's beautiful waterfront, these activities are great for children and the young at heart. The Heritage Railway & Carousel Company provide hours of old-fashioned fun to over 100,000 + visitors each summer and has become one of North Bay's most treasured attractions.

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written by mat koprash, local fishing enthusiast

The 'Gateway of the North', offers anglers a premier fishing experience just three hours north of the Greater Toronto Area (GTA). Boasting accessibility to numerous lakes, including the renowned Lake Nipissing, Trout Lake, Lake Nosbonsing, Talon Lake, and the Restoule Chain of lakes, North Bay provides year-round opportunities to target a diverse array of species. Whether you're an avid angler seeking trophy catches or a family looking for a relaxing fishing getaway, North Bay has it all.

North Bay's fishing scene caters to anglers targeting various species, including walleye, musky, smallmouth and largemouth bass, northern pike, and trout (including laker, splake, and spec/brooke). The region's flagship waterbody, Lake Nipissing, stands out as a world-class fishery with its vast ecosystem, numerous islands, and breathtaking views. The lake hosts a rich population of walleye, bass, musky, and pike, providing opportunities for anglers to pursue trophy-caliber fish in open water and during the ice fishing season.

Lake Nipissing: A Year-Round Gem

Lake Nipissing's allure extends across all seasons. Anglers can explore main lake structure, weedy bays, large river systems, and the hundreds of islands and shoals that it is host to. In winter, the lake transforms into an ice angler's paradise, with thousands of shacks dotting its frozen surface. Ice fishing enthusiasts mainly target walleye and perch, with the added popularity of Burbot fishing. Lake Nipissing truly stands as the community's top producer, fostering a sense of camaraderie among ice anglers.

Hidden Gems: Trout Lake, Turtle Lake and Talon Lake

Trout Lake, connected to Turtle Lake and Talon Lake, offers a unique blend of serene landscapes and varied fishing experiences. While Trout Lake has a dense population and sees frequent pleasure boaters, it remains a hidden gem. Smallmouth bass thrive in its waters, and the musky fishery is a staple for North Bay locals, Turtle Lake,

often overlooked, surprises explorers with its remote and untouched beauty, providing peaceful shorelines, massive rock bluffs, and a thriving fish population.

Talon Lake, another excellent fishery, offers multi-species opportunities including lake trout. The presence of walleye, smallmouth bass, and musky, combined with accessible ice angling options through the Ontario Federation Snowmobiling Club (OFSC) trail, makes Talon Lake a versatile destination for anglers throughout the year.

Lake Nosbonsing: A Pike Haven

Lake Nosbonsing, renowned for its annual June Pike Tournament, is another gem in the area. This sheltered inland lake ensures anglers can fish regardless of weather conditions, offering many different bays and structures to target. Largemouth bass, steadily increasing in population, and walleye can also be targeted yearround, with ice anglers finding success in the pursuit of walleye.

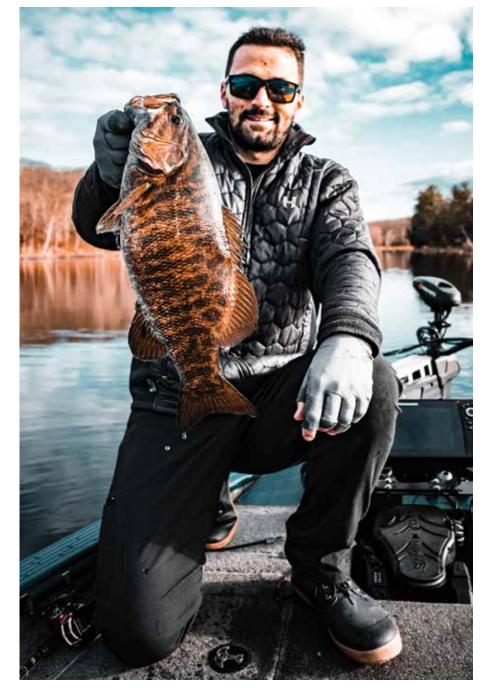
Restoule Chain of Lakes: A Southern Escape

For those seeking a day trip from North Bay, the Restoule Chain of lakes beckons. This system, including Restoule, Commanda, Stormy, and Cloudy Lakes, hosts a variety of species, such as lake trout, musky, walleye, bass, and crappie. Situated south of North Bay, the Restoule Chain offers a pristine escape, complete with a provincial park and all the amenities needed for all-season adventures.

Accommodations and Accessibility

North Bay prides itself on providing a range of accommodations, from campsites to full housekeeping packages. Anglers and families can choose from low-pressure, highly populated fisheries to secluded retreats, catering to both hardcore anglers and families alike. With all four seasons, including a stable winter with ice conditions from January to March, North Bay guarantees a memorable fishing experience.

As you plan your next fishing trip, consider North Bay as your destination. With its diverse fisheries, breathtaking landscapes, and yearround accessibility, North Bay caters to anglers of all levels and preferences. Load up your vehicle and embark on a journey just three hours north of the GTA, where an angler's paradise awaits along the high-speed four-lane highway. North Bay is more than a 'Gateway of the North', it's an invitation to a fishing adventure for all seasons.





30 a year-round anglers paradise tourismnorthbay.com 31



FALL ACTIVITIES + EVENTS:

- Scenic Fall Colours Tour at Laurentian Ski Hill
- Fall Family Fun Farm Days
- Catch a North Bay Battalion Home Game
- Haunted Hikes with the North Bay Museum
- Halloween Events
- Soiree Franco
- Capitol Centre Shows
- Head fore a round of golf this fall
- · North Bay Farmers' Markets
- Paddle Lake Nipissing
- Hike Duchesnay Falls
- Cycle Laurentian Escarpment
- North Bay Film Festival

for more fall fun:





As the summer sun gives way to cooler temperatures and the leaves transform into a kaleidoscope of vibrant colors, North Bay emerges as a place of unparalleled natural beauty during the fall season.

The city's numerous parks and nature reserves become enchanting wonderlands, when the lush green foliage gives way to a palette of fiery reds, deep oranges, and brilliant yellows, each offering a unique blend of autumn hues. Be it the towering hardwoods of Laurier Woods Conservation Area, the Kinsmen Trail or the EcoPath that meanders down the escarpment, these stunning areas which also link up with the famous Kate Pace Way, offer captivating vistas of the fall foliage.

Paddlers and fishing enthusiasts can take to the waters of one of the region's numerous rivers and lakes, where the mirrored surface reflects the vibrant colors of autumn, creating a mesmerizing visual symphony.

The fall season is not just about picturesque landscapes but also a time for celebration. It is for this reason that the city is host to a range of events and festivals that highlight the region's culture and natural beauty. From harvest and film festivals to art exhibitions inspired by the season, there's always something to engage the senses and celebrate the splendor of autumn.

Whether you're a leaf peeper, an outdoor adventurer, or simply someone looking to revel in the beauty of fall, North Bay stands ready to welcome you with open arms and a tapestry of breathtaking colors.



32 fall tourismnorthbay.com **33**



written by jeff mcgirr, local powersports enthusiast

Imagine a place that embraced off-roading and snowmobiling so much that no matter which direction you looked you would find riding opportunities. Did you know a place like this exists? Do you dream about off-road 4×4 adventures, and twowheel trails nestled within mega terrain and stunning forests? Or perhaps snowmobile heavens of interconnected trails, deep abundant snow, and rideto-your-door services? You may think to reach such an amazing place you would have to drive dozens of hours, but the reality is North Bay is just 3 hours north of Toronto, 4 hours west of Ottawa and less than 6 hours from major USA-Ontario border crossings.

Off-Road Trails

The topography in the region lends itself to naturally create some of the best off-road riding adventures. This diverse terrain formed by glacier activity thousands of years ago mixes rock, gravel, sand, loams, and soils creating the perfect mix of terra-firm for powersports adventures. Atop the landscape, you will be within the Great Lakes St Lawrence Forest which boasts plenty of multifarious vegetation and in the fall expect to see

stunning fall colours. There's a bounty of riding opportunities in all directions, offering great adventures no matter your method of transportation. To get you started I've provided a synopsis of the best and easiest to access off-road destinations in the area.

The Voyageur Multi-Use Trail System is located just a few minutes east of North Bay within the foothills of the Laurentian Mountain range. Here you will find 300km's of signed, mapped, and marked off-road multi-use trails. This trail system boasts varied terrain for all experience levels and vehicle



types such as ATV, SXS, Off-Road or Adventure Motorcycle, and even 4×4 Trucks and Jeeps. Within the trail system, you can expect to find several unique points of interest including the historic Purdy Mica Mine which dates back to the 1940s, majestic lookouts including the scenic Redbridge Lookout, and Birds Eye View as well as crystal clear lakes. The trail system can be accessed via a few different points, including via Songis Road by Camp Conewango as well as three separate points to the north of the town of Mattawa off of Highway 533.

In addition to the extension and best-inclass VMUTS trail system opportunities exist for off-road explorers to venture onto an abundance of crown land trails in the area, of popular note are two locations, the first being south of Bonfield and east of Powassan in Boulter Township and the second being just north of the city at Sand Dam Road, in both locations you will find an abundance of exploration opportunities on unmaintained old colonization and logging roads, remote backcountry lakes and even mythological sites.

Snowmobile Trails

You can ride anywhere from North Bay; it's one of the many reasons why it is such a great place to snowmobile. Trails in the immediate area offer great diversity combining twisting forest trails with plenty of elevation change, wide open utility corridors that lead to extensive vistas, scenic lake runs accordingly marked, and even selfguided snow tours that take in unique points of interest that offer learnings from a local legend. It's common for the area to have one of the longest snowmobile seasons in the province, sometimes stretching from December into April, this extensive season allows for local clubs to build an ample base providing some of the best quality trails you will find anywhere.

The Near North Trail Association along with its local member clubs, the North Bay Snowmobile Club and South Shore Snowmobile Club, maintain some of the world's greatest snowmobile trails that connect directly to the city of North Bay. Popular in the area are three world-renowned snowmobile tours including the Ride Around Algonquin Park (RAP) tour, the Ride Around Nipissing Tour (RAN) and the Explorers Snow Tour.

North Bay is a popular destination to ride out of for day trips as you can ride in all directions and access thousands of kilometers of maintained snowmobile trails. While riding the trails in the area it's common to see an abundance of wildlife including moose and deer and even occasionally the evasive lynx. The area is also a great choice to base

when heading even further north as the main provincial TOP A and TOP D trails run right through North Bay.

The local hotels and motels are snowmobile friendly, with many offering secure snowmobile lock-up parking, plenty of room for trucks and trailers, and easy access to fuel, restaurants, and most importantly direct trail ride from your door access.

For more detailed rider resources please visit: www.tourismnorthbay.com/north-bay-powersports-guide



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HIKING

Take a leisurely stroll on the Kate Pace Way starting alongside the picturesque shores of Lake Nipissing before you wind yourself back into encompassing sections of trees, streams, and nature. Alternatively, visit Laurier Woods, Laurentian Escarpment, or hike beautiful Duchesnay Falls and watch the water cascading down the rugged cliffs among the autumn

PADDLING

Paddling is one of our favourite outdoor activities in North Bay and there is no better way to witness the beauty of the leaves changing than a gentle paddle on Trout Lake. With Sisu Adventure Rentals kitting you out with the right gear, and giving you tips on some more exclusive paddling locations you will remember this adventure for years to come. If a guided journey is more your style, than Shelly from Nature Bound offers tours with an interpretive twist.



CYCLING

The Laurentian Escarpment runs through North Bay and is home to multiple mountain biking trails covering a wide range of terrain and features including Three Towers Trail Network, Laurentian Escarpment Conservation Area, Education Centre Trails, Tupper Trails, The Ridge and The Monastery Trails. There is a riding style for everyone; no matter the experience or skill. Cross country, sandy berms, fast, flowy, granite ridges, rock drops, steep climbs; North Bay has them all and you'll be surrounded by the vibrant colours of fall. If gravel and road is more to your liking then try the Red Toque Tour.



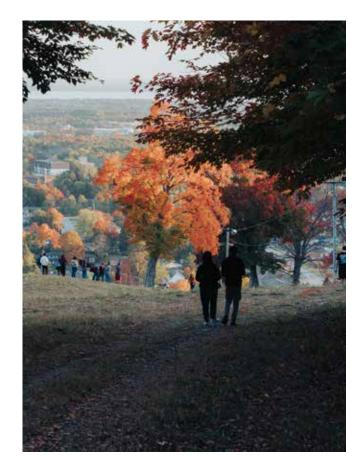


POWERSPORTS

A fun day trip from North Bay is the Voyageur Multi-Use Trail System (VMUTS) which occupies a superbly scenic area between the ancient Algonquin Highlands and Laurentian Mountains, bordered by the Mattawa and Ottawa Rivers, and is a great way for viewing the beauty of fall. The trails comprise mainly of old, forestcovered logging roads with river/stream crossings (many via bridges and culverts) and suits the needs of novice, intermediate and advanced riders whether it be by ATV, side x side, dirt bike, mountain bike or 4×4. The trails are displayed by map at the trail head in clearly marked loops of various lengths and levels of difficulty.



Laurentian Ski Hill offers the opportunity to experience panoramic views of the city with unlimited chair lift rides and guided hikes down the hill amongst the beautiful foliage. The Scenic Fall Colours Tour event also includes live entertainment, family activities, food options plus more.





FAMILY FARM FUN

For the entire month of October, Leisure Farms (located in Sturgeon Falls, approximately 40 km west of North Bay) hosts their annual Pumpkin Patch event. Expect to spend at least half the day on site having fun and braving the haunted barn, keeping warm by the bonfire, getting lost in the corn maze, loading up the pumpkin canon, taking the obligatory picture beside the mountain of pumpkins, decorating a free pumpkin, and enjoying a free cookie and hot chocolate. It's not a day you want to miss so pre-book your tickets to ensure you don't miss out.

Old McDonalds Family Farm – experience the fall family fun every weekend in October and enjoy a corn maze, a new natural play area, straw pit, tractor swings, barnyard friends, and for a small extra fee you can try your hand at axe throwing and the nerf range. Located 60 km west of North Bay, this is a great way to spend a fall day outdoors.

FROM ABOVE

Take in the magic of fall with a birds eye view over the beautiful Laurentian Escarpment with Helicopters Canada. Create your own itinerary with flights ranging anywhere from 12 minutes to 2.5 hours and accommodating groups or single passengers. See the city from a picturesque view and witness the beautiful expanse of the surrounding area.



A CULINARY DELIGHT THAT WILL SURPRISE YOU

North Bay is a hidden culinary gem that offers a diverse range of gastronomic experiences for food and drink enthusiasts. From farm stands to delectable maple syrup, unique vegan options and food truck variety, North Bay has something to tantalize every palate.

Let's embark on a culinary adventure through this vibrant city.



FARM STANDS AND FRESH PRODUCE

North Bay and its surrounding areas are blessed with fertile farmlands that yield a bounty of fresh produce. One of the best ways to experience this agricultural richness is by visiting local farm stands. These stands offer a direct connection to local farmers and their offerings. You can find a variety of fruits, vegetables, herbs, and more, that can inspire your culinary endeavours.

If you are short on time and can not spend a day touring, be sure to stop in to the North Bay Farmers' Market that runs all year round. Summer markets run rain or shine every Wednesday and Saturday mornings in front of the North Bay Museum and Winter markets are open on Saturday mornings inside on the lower level of the Kennedy Building downtown. Recognized as one of the province's best, the Farmers' Market is a definite must when you are in North Bay.

MAPLE SYRUP FUN

North Bay is surrounded by multiple maple syrup farms, and it's a delightful tradition to indulge in maple-themed festivities during the syrup season. Typically occurring in early spring, maple syrup events offer a unique opportunity to experience the sweet magic of maple production.

You can visit local sugar bushes to see how maple sap is transformed into the golden nectar we all love. Many sugar shacks offer tours, demonstrations and, of course, the chance to enjoy delicious maple-infused treats like pancakes, maple taffy, and more. It's a sweet educational experience that showcases a beloved Canadian tradition.

RESTAURANTS AND CAFES

North Bay boasts a wide range of restaurants, catering to all culinary preferences and group sizes. Whether you are a fan of Canadian comfort food, international cuisine, or exotic flavours, you will find a range of dining establishments to satisfy your cravings.

There are also a number of restaurants prioritising local ingredients allowing them to change their menus to reflect the season. This ensures that diners get a taste of the freshest, locally grown ingredients, and it also supports the sustainability of local agriculture.

VEGAN AND PLANT-BASED OPTIONS

Vegan and plant-based dining has been on the rise, and North Bay is no exception. The city has seen a surge in vegan-friendly eateries, making it an appealing destination for those who follow a plant-based lifestyle. From vegan soups to plant-based burgers, creative salads and desserts, there's a diverse range of options reflecting the increasing demand for vegan and vegetarian preferences.

FOOD TRUCK OPTIONS

These mobile culinary delights are often found at local events, festivals, and popular gathering spots, adding a vibrant and dynamic element to the city's food scene. From gourmet burgers and tantalizing tacos to artisanal ice cream and international flavors, food trucks in North Bay ensure that locals and visitors alike can savor a diverse selection of delectable dishes while enjoying the city's scenic beauty.

LOCAL BREWERIES

When you are ready to wash all this food down with some local award-winning breweries then you need to head to New Ontario Brewing Co. and Gateway City Brewery.

The New Ontario Brewing Co. believe in fresh ingredients, combined with creativity and craftsmanship, leading to a superior product that customers appreciate as being distinctly different from the larger producers.



With the owners of Gateway City Brewery sharing a deep sense of pride for North Bay and wanting to see the city flourish, they are crafting interesting and approachable vegan beers & hard seltzers. They figured what better way to spread that love for their city than with great tasting, fresh craft beer named directly after unique locations and attractions in North Bay.

Beyond the mentioned highlights, you would be amiss not to also explore the local bakeries and sweet havens, where you can find fresh bread, pastries and treats.

No doubt this culinary adventure has left your palette yearning for more so we look forward to welcoming you in North Bay.



40 a culinary delight that will surprise you tourismnorthbay.com 41



WINTER ACTIVITIES + EVENTS:

- · Hit the slopes at Laurentian Ski Hill
- · Cross country ski at Nordic Ski Club
- Try your hand at kick sledding on frozen lakes or trails
- Fat Bike the Laurentian Escarpment
- Go ice fishing on Lake Nipissing
- · Enjoy the Lee Park ice skating oval
- Run the RAN and hit the snowmobiling trails (D11)
- Walk up and enjoy the sights and trails at Duchesnay Falls
- The Santa Claus Parade
- Annual Old Fashioned Downtown Christmas Walk
- Carnaval des Compagnons
- Experience Ice Follies (biennial outdoor art festival)
- Cheer loudly at a North Bay Battalion home game
- Ho Ho Ho 5km Run
- Families First New Years Eve Celebration

for more winter fun:





Winter festivals and events also light up North Bay's calendar. From Christmas parades and outdoor ice skating rinks to biennial Ice Follies (a festival celebrating contemporary and community engaged art), there is always something to celebrate in this city during the colder months.

For those who prefer a slower pace, cozy up in a welcoming space with a warm cup of hot cocoa or a bowl of hearty soup at one of the city's charming cafes or restaurants.

Whether you are a winter sports enthusiast, a nature lover, or someone simply seeking the magic of the season, North Bay invites you to embrace the wonders and fun of winter in true Northern style.



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written by discovery routes

North Bay embraces winter with a vast network of trails for hiking and snowshoeing, fat biking and kicksledding, downhill and crosscountry skiing. Keep active all winter long in this snow-lover's paradise.

A winter wander through the snowladen trees with only the sound of snow crunching under snowshoes will soothe the soul. Laurier Woods offers trails to spot winter birds and white-tailed deer, or for an up-close wildlife encounter, feed the chickadees from the palm of your hand at the Cranberry Trail in Callander. North Bay Nordic's 8+km of well-marked snowshoe trails will take you past ice falls, across frozen beaver meadows, along a ridge line and to a beautiful lookout. Duchesnay Falls has something new to offer in every season with the winter being one of the best and most peaceful. The views of the city from the Education Centre Trails and Laurentian Escarpment are breathtaking when the temperatures drop.

Curious about winter cycling? Now is your chance to discover this exhilarating activity in the perfect winter landscape. Challenging single-track trails wind across the Laurentian Escarpment and groomed ski trails at Nipissing University welcome fat bikers. Just outside North Bay, the Stepping Stones Trails offer a great combination of lake riding and single-track trails groomed by fellow fat bikers and volunteers. New Remedy Rentals has a small fleet of fat bikes for rent.

frozen landscape on North Bay's crosscountry ski trails. With a history dating back to 1975, North Bay Nordic Ski Club welcomes an active community with 50km of groomed trails for classic and skate skiing through forest trails. Nordic, as it is affectionately known, is a family-friendly club with active youth and adult programming, trails lit for night skiing, a full stock of rentals and a heated clubhouse. No vehicle? No problem. Nipissing University atop North Bay's escarpment grooms crosscountry ski trails for both traditional and skate ski - free to use and accessible by public transit! As the training grounds for the Nipissing Lakers Nordic Ski Team, the trails regularly host ski races. Keep the heart pumping at Wasi Ski Club's 43km trail network just 15 minutes outside of North Bay.

Experience the joy of gliding over the

Kicksledding originated in Sweden in the late 1800's and today is a unique and fun way to get around on snow and ice. Experience this invigorating winter activity with SISU Adventures, a local company with Finnish roots.

Laurentian Ski Hill & Snowboarding Club is a family-friendly hill just minutes from Downtown North Bay. At 300 feet with 6 runs, a variety of terrain including gentle slopes for beginners, challenging runs for experienced skiers, and terrain parks for freestyle enthusiasts. Parking is available at both the top and bottom of the hill, with the bottom providing convenient access to the main chair lift. Rental equipment and lessons for first-timers are available and with multiple events throughout the year, day-camps and ski races, the hill has something for everyone.

As the temperatures drop and lakes and ponds freeze over, residents and visitors eagerly lace up their skates to glide across the glistening ice. A very popular destination is the Lee Park oval where individuals, couples and families can experience the skate path which winds in and around the trees and parkland. The skating path provides a

smooth and enjoyable experience for skaters of all ages and skill levels.

Visit *DiscoveryRoutes.ca* for a full list of winter trails in and around North Bay.



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FAT BIKING

With heaps of snow in the winter, North Bay's fat biking trails are a heart-pumping way to keep active all winter long. From challenging singletrack trails winding across the Laurentian Escarpment and riverside Stepping Stones trails to wider groomed ski trails at Nipissing University, fat bikers are welcome to visit and test out the terrain options in North Bay.



SKIING + SNOWBOARDING

Located just minutes from downtown North Bay, Laurentian Ski Hill offers an exciting family friendly atmosphere for outdoor enthusiasts who can enjoy an affordable day on the slopes. This 300 foot vertical features: six runs with a modern quad chairlift, J-bar and T-bar lifts, terrain park, a main and lower lodge for rentals, snacks and comfort food menu.





SNOWMOBILING

The City of North Bay is perfectly situated for riders to access 3,400+ kilometres of groomed ecstasy, as it is the ideal starting point for hours of fun. Well marked trails lead to a variety of exciting opportunities and adventure. In this area, snow is always plentiful, and the winter scenery is definitely photo worthy.

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ICE SKATING

Ice skating is a beloved winter pastime that captures the essence of the season's magic. As the temperatures drop and lakes and ponds freeze over, residents and visitors eagerly lace up their skates to glide across the glistening ice. One of the popular destinations for ice skating is at Lee Park where individuals, couples and families can experience the skating path which winds in and around the trees and parkland.



KICKSLEDDING

Have you ever tried kicksledding? This older method of winter transit which originates in Sweden is a cross between skis and a dog sled. Modern kicksleds allow for a parent to push their child around on the seat provided. Kicksleds are an eco-friendly choice for winter adventures, providing a great way to spend time connecting with nature, family and friends. Or for a very unique experience try kicksledding powered by dogs. Its a team sport that requires humans and dogs to work together.



CROSS COUNTRY SKIING

Cross country skiers can casually sample the landscape and unspoiled wilderness on many frozen lakes and trails or take on the challenge of racing in the scenic surroundings of the trails spectacularly groomed at North Bay Nordic Ski Club.



ICE FISHING

It's the perfect activity to enjoy the silent solitude or to gather with friends. When you set camp up and drill that hole through the frozen lake in the winter, anglers flock to this top destination to await the jigging pull from either a walleye, bass, perch, northern pike and burbot snagged on the end of it.





CHEER ON THE TROOPS

hockey team that competes in the Ontario Hockey League (OHL). The Battalion bring the excitement of fast-paced and high-energy hockey to the passionate fans and visitors in North Bay. During the season, thousands of enthusiastic fans gather on Thursday evenings and Sunday afternoons at Memorial Gardens to cheer on their Troops.

The North Bay Battalion is a beloved junior ice

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written by 22 wing/canadian forces base north bay

22 Wing/Canadian Forces Base (CFB) North Bay is the Royal Canadian Air Force (RCAF)'s central wing for guarding North American air sovereignty.

RCAF Station North Bay opened on September 1, 1951, as part of Canada's national air defence network, built in response to the Cold War. In 1963, the station was renamed CFB North Bay, and Canada's North American Aerospace Defence Command (NORAD) Underground Complex (UGC) was where Canadian and American NORAD personnel guarded North America's Cold War frontline 24 hours a day, 365 days a year. Over the years, the base was home to 430 Day (Fighter) Squadrons. In



1992, the last squadron (414 Squadron) left the base, and the airfield structures were sold.

In 2006, the new Sergeant David L. Pitcher Building, home of the Canadian Air Defence Sector, replaced the UGC, with state-of-the-art, air defence computers and electronics. In 2014, 22 Wing began space surveillance, connecting to Sapphire, Canada's first military satellite.

Every year, typically in June, the City of North Bay hosts Armed Forces

Community members and visitors alike can also tour the Canadian Forces Museum of Aerospace Defence located on the base at CFB North Bay. This museum strives to create a deeper understanding and connection to Canada's historical and current contributions to air defence by creating lasting connections to the history and artifacts.

The RCAF 2024 celebrations marks 100 years of service for the Royal Canadian Airforce. The Centennial



Day, an event to recognize members of the Canadian Armed Forces and United States Air Force who, as part of NORAD and in support of the mission of the Canadian Air Defence Sector at 22 Wing/ CFB North Bay, contribute to the successful bi-national organization and has been part of the North Bay community for over 70 years.

Armed Forces Day is well attended each year at the beautiful North Bay Waterfront. The event is open to the public and free to attend and enjoy the demonstrations from various Canadian Armed Forces teams such as the SkyHawks Parachute Team, the CF-18 Tactical Demonstration Team, and the Snowbirds. Also, part of the event are performances by the 22 Wing Band and other military themed static displays.

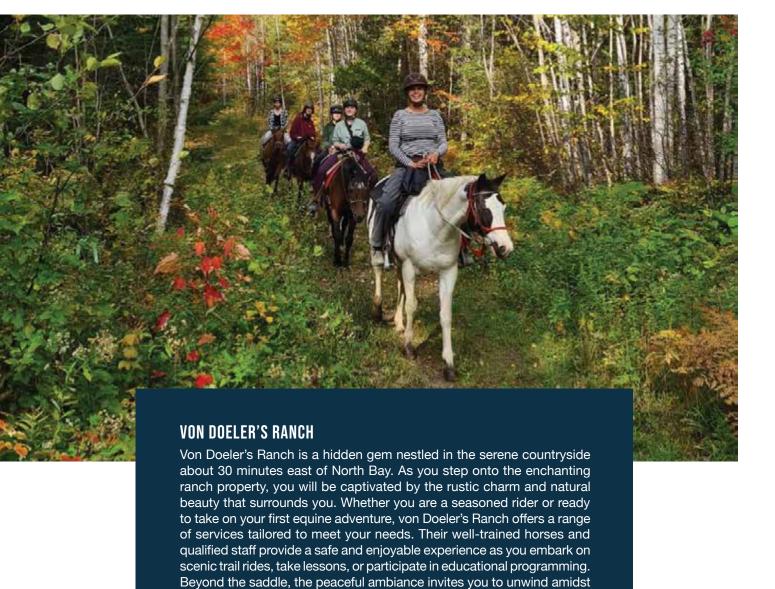
milestone places the RCAF in a unique position to honour its distinct heritage, recognize its tremendous people, and generate excitement for its bright future.





50 airforce wings tourismnorthbay.com 51



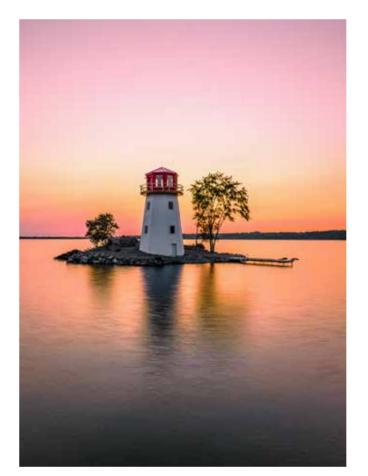


the picturesque landscapes, forming a harmonious bond with nature and

the majestic equine companions.

CALLANDER BAY LIGHTHOUSE

A new lighthouse has been built on an island in Callander Bay on Lake Nipissing, 10 minutes south of North Bay. This is the newest landmark in the area that stands 42 feet tall and will act as a beacon of light at night for boats on the water. Visitors are welcome to paddle up to the island and take in its beauty, however guests will not be allowed inside. The lighthouse has been recently added to the Canadian Coast Guard database and will also be added to national nautical maps.





FARM VISITS

Heading 20 minutes south from North Bay, during the months of May and October you could enjoy a day out supporting local farmers in the Great Powassan & Area Farmstand Tour. Participating farms include: Bella Hill Maple Syrup, Matthews Maple Syrup, Roots and Roost Farm, Grown Up Farms, Krause Food & Feed, Carriage House Market, Powassan Farmers Market, Wand Family Farm, Foxfire Heritage Farm, deHaan Family Farms, Groulx Acres, Dirty Girls Farm, Alderdale General Store, Green Acres, Silver Rapids Farm, Adagio Farms, Pineridge Acres, Janssen Farms, Forest Farm, Ewenique Acres and Wasi Farms.

52 fun day trips tourismnorthbay.com 53



written by north bay-mattawa conservation authority

Do you have the heart of an explorer?

At North Bay - Mattawa Conservation Authority (NBMCA) conservation areas throughout the region, you'll discover the thundering waterfalls of Eau Claire Gorge, the footprints of glaciers at Corbeil, the spectacular views of Almaguin Highlands from Powassan Mountain, the "meeting of two rivers" at Mattawa Island, and the Lake Trout of Papineau Lake.

Corbeil Conservation Area (15 minutes east of North Bay, off Hwys 17 & 94)

Corbeil Conservation Area includes part of the historic LaVase River and its floodplain. Recognizing its unique ecological features, NBMCA developed a self-guided, 1.8 km trail which leads visitors through a variety of landscapes. Several interpretive sites detail the changes that occurred in the forest over time. A highlight of the walk is several interesting rock formations that were created by glaciers during the last Ice Age.

Eau Claire Gorge Conservation Area (40 minutes east of North Bay, off Hwys 17 & 630)

The most spectacular scenic feature is the Gorge itself, where the Amable du Fond river flows between steep rock walls in a dramatic series of rapids and waterfalls. A self-guided 1.9 km interpretive trail details the natural and human history of the area, including a long gone log slide and dam built on the property in the 1870s for the Mackey Lumber Company. A replica logger's cabin, found along the trail, was reconstructed in 1989. (Please note the cabin is for day use only overnight stays and campfires are not permitted.)



Mattawa Island Conservation Area (48 minutes east of North Bay in the Town of Mattawa)

A sandy beach on the Mattawa River, not far from the junction of the Mattawa and Ottawa Rivers, is the perfect spot to cool off from summer's heat and enjoy a family picnic. Downstream from the conservation area, you'll see the historic three white crosses overlooking the town, high on the crest of the hill on the Quebec side of the Ottawa River. Originally built in 1686

to mark the "meeting of two rivers", the crosses have been replaced and restored several times since.

Papineau Lake Conservation Area (1 hr east of North Bay, off Hwy 17 east of Mattawa)

A boat launching ramp and dock provide boaters and anglers with access to picturesque Papineau Lake, well-known with the locals for Lake Trout. Ontario Fishing Regulations for Fisheries Management Zone 11 gives the inside scoop on the season, size, and limits for your catch. There is, however, no limit to the number of photographs you can take! The 227.5 ha (562 acres), 4.3 km long lake is just the right size to explore in a canoe or kayak. You may even catch a glimpse of wildlife along the shoreline of this isolated lake.

Powassan Mountain Conservation Area (25 minutes south of North Bay in the Town of Powassan)

Breathtaking views of the rolling highlands await you at the top of the gentle Powassan Mountain. An adjoining trail system called "The Pines" offers visitors a low impact recreation opportunity and access to the lookout. The Pines Trails are maintained by local community volunteers supported by the Municipality of Powassan.



written by north bay indigenous friendship centre

Nestled along the scenic Chippewa Creek EcoPath in North Bay, visitors can step into and experience the enchanting sanctuary of "Miskwaadesi" (in Ojibwe, means "Painted Turtle"). This remarkable partnership in between the North Bay Indigenous Friendship Centre (NBIFC) and the North Bay-Mattawa Conservation Authority (NBMCA) blends cultural heritage and nature seamlessly.

As you explore, immerse yourself in a vibrant tapestry of Indigenous wisdom and traditions interwoven with the beauty of nature. Four majestic cedar posts in yellow, red, black, and white beckon you to journey through the Medicine Wheel—a spiritual compass guiding us through life's complexities and our connection to Mother Earth.

Miskwaadesi's shell depicts the 13 moons of the lunar calendar with 13 large scutes, while 28 smaller scutes represent the days in between. This turtle also honors the Anishinaabe creation story, acknowledging Indigenous heritage in an urban setting where over 8,000 Indigenous people reside.

More than a cultural gem, Miskwaadesi is an oasis for environmental restoration and community. NBIFC and NBMCA work tirelessly to reintroduce native plants to the habitat and by the creek, seven stones symbolize the Seven Grandfather Teachings: Love, Honesty, Courage, Wisdom, Truth, Humility, and Respect. This unique outdoor space is also an amphitheatre which welcomes gatherings for performances or

peaceful reflection on Miskwaadesi's teachings.

Embark on a journey of culture, nature, and tradition with each step strengthening your bond with the land and its wisdom. Be enchanted by the "Painted Turtle," and let your spirit soar amid Chippewa Creek EcoPath's tranquil beauty.



54 spend the day at these conservation parks miskwaadesi 55



CONSERVATION AREAS

Laurentian Escarpment Conservation Area Laurier Woods Conservation Area La Vase Portage Conservation Area Eau Claire Gorge Conservation Area Corbeil Conservation Area Powassan Mountain Conservation Area Shields-McLaren Conservation Area JP Webster Nature Preserve

For more information head to: nbmca.ca/conservation-areas

PARKS + RECREATION AREAS

Waterfront Park
Lee Park
Olmsted Park
Champlain Park
Sunset Park
Sage Rd Park
Rotary Splash Pad & Playground

DOG PARKS

North Bay Off-Leash Dog Park is located next to Champlain Park and is patrolled by the North Bay and District Humane Society Animal Control Services.



BEACHES, POOLS AND SPLASHPADS

Cool off during the summer in one of many great swimming spots throughout the city:

BEACHES

There are a total of 43 public beach access areas in North Bay including:

Shabogesic Beach Sunset Beach Champlain Beach The Cove Olmsted Beach

INDOOR POOLS

YMCA Of North Bay Indoor Pool 22 Wing Fitness and Wellness Centre Indoor Pool

SPLASH PAD

Located behind the North Bay Museum is a 3 zone family splash pad

GOLF COURSES

North Bay Golf & Country Club 100 Tupper Drive, North Bay

Pinewood Park Golf Course 201 Pinewood Park Drive, North Bay

Osprey Links Golf Club 207 Osprey Crescent, Callander

Clear Springs Golf Course 870 Golf Course Road, Powassan

Highview Golf Course 60 Golf Course Line, Powassan





56 parks + leisure tourismnorthbay.com 57



WHERE TO STAY?

Whether you are planning a weekend getaway or a family vacation, North Bay has something to offer everyone. After spending a fun filled day exploring, there is nothing better than getting a great nights' rest. No matter how you plan to spend your night, you will find a variety of accommodation options to suit your needs. From cozy lakefront cottages to extended stay hotels, North Bay accommodations are designed to make your stay a comfortable and memorable one.

book now:



North Bay is nestled between two stunning lakes and surrounded by natural forests all while being a modern city with its own unique features. Historically considered the "Gateway to the North", North Bay is ideally located at the crossroads of trans-continental highways, railways, air and fibre-optic routes. Located 3 hours north of Toronto and 4 hours west of Ottawa, North Bay is easily accessible by land or air, and provides excellent links to the north, south, east and west.

FLYING

Just minutes from the downtown core, the municipally owned, YYB North Bay Jack Garland Airport boasts the longest runway in Northern Ontario. YYB offers a modern, full service, barrier free and passenger friendly terminal as well as many on site services and amenities. Get real-time arrival and departure info at *yyb.ca*.



DRIVING

North Bay is located at the junction of Highway 11, Highway 17, and Highway 63, providing visitors traveling from all directions the opportunity to stop and enjoy what the city has to offer.



BUS

Ontario Northland provides reliable and comfortable motor coach transportation to and from North Bay with buses arriving and departing daily.

Visit ontarionorthland.ca for details and to plan your trip.

RAIL

Ontario Northland is proud to be working toward the reinstatement of passenger rail in Northeastern Ontario. The passenger train service, also known as the Northlander, will fundamentally shift how people move across the province, creating a more connected, integrated transportation network.

Visit ontarionorthland.ca/en/northlander-passenger-railupdates for updates and the progress being made on reinstating this vital transportation service.

GETTING AROUND THE CITY

When in North Bay, visitors can access different vehicle rental agencies, taxi services and the Uride, ride-sharing program.

North Bay Transit can also provide a public, accessible transportation and cost-effective option.

Visit myridenbt.northbay.ca for transit schedules.

ACCOMMODATIONS

HOTELS & RESIDENCES

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MOTELS, COTTAGES & BED AND BREAKFASTS

D M 1 4225 H 11 N 1 705 407 21 40 000 054 0242	10					
Bay Motel 4335 Hwy. 11 N. bay-motel.com 705-497-3140 800-954-8242	10				•	
Bo-Mark Motel Inc. 3207 Hwy. 11 N. bomarkmotel.com 705-474-3100 888-287-3100	12				•	•
Franklin Motel & Trailer Park 444 Lakeshore Dr. franklinmotel.ca 705-472-1360	14					
Glen Garry Motel & Cottages 785 Lakeshore Dr. glengarrymotelandcottages.ca 705-472-1085	15	•		•	•	•
Glenwood Motel & Cottages 467 Lakeshore Dr. 705-472-1644	14	•		• •	•	•
Gray's Log House B&B 5270 Hwy. 63 graysloghouse.com 705-495-2389	2					
Knights Inn 255 McIntyre St. W. redlion.com/knights-inn/on/north-bay/knights-inn-north-bay 705-474-4770	42	•			•	•
Lakeshore Suites 710 Lakeshore Dr. lakeshoresuites.com 705-497-9000 855-497-9001	15	•			•	•
Nipissing Inn 1078 Lakeshore Dr. nipissinginn.ca 705-472-0800	16	•			•	
North Bay Inn 666 Lakeshore Dr. northbayinn.ca 705-482-7537	10	•			•	
Sunset Inn on the Park 641 Lakeshore Dr. sunsetinn.ca 705-472-8370 800-463-8370	21	•	•	•	•	
The Finch Beach Resort 585 Banner Ave. stayatthefinch.ca 705-243-6474	4	•	•	•	•	
The Lincoln Inn 594 Lakeshore Dr. thelincolninn.ca 705-472-3231 855-472-3231	27				•	•
Torbay Suites 587 Banner Ave. torbaysuites.net 705-474-4266 888-786-7229	8	•	•	•	•	•

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