



NORTH BAY

POCKET TRAIL GUIDE

DID IT REALLY HAPPEN IF THERE ISN'T A PICTURE?

PROVE IT!

#DestinationNorthBay



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Tourism North Bay

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CONTEST ALERT!



Step 1

Visit 5 or more of
North Bay's trail systems
and take a photo!



Step 2

Post your photo to
Instagram and hashtag
#NBtrailscontest

**WINNER WILL BE FEATURED IN AN
UPCOMING TOURISM NORTH BAY
MARKETING INITIATIVE!**

Initiatives may include any, or all of the following printed publications: social media profile(s), website content, blog posts on local, regional and/or other Tourism North Bay partner websites. All entrants will be required to sign a media release prior to publication.

YOUR GATEWAY TO *ADVENTURE*



GATEWAY OF THE NORTH
CITY OF NORTH BAY



NORTH BAY





- SINCE 1884 -

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tourismnorthbay.com







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LEGEND









TRAILS & ROUTES

-  Hike Trail
-  Paddling Route
-  Cross-Country Ski Trail
-  The Great Trail by Trans Canada Trail

TRAIL AMENITIES

-  Outdoor Bike Fix Stand
-  Water Fill Station
-  Lookout
-  Trailhead Parking
-  Interpretative Sign
-  Public Washrooms

IDENTIFIERS

-  Hike
-  Walk/Run
-  Cycle
-  Mountain Bike
-  Canoe
-  Kayak
-  Cross-Country Ski
-  Snowshoe



TRAIL CLASSIFICATIONS

EASY

Even surfaced, short, and level and can be hiked by most people. Boardwalks and bridges may be present.

MODERATE-MEDIUM

(OVER 5KM)

A short trail with a steep incline. Surface is irregular with loose, uneven base. Board walks and bridges may be present.

DIFFICULT

(OVER 10KM)

A longer trail with steep inclines. Surface is irregular with loose, uneven base. Boardwalks and bridges may be present.



Discovery Routes

TOURISM
NORTH BAY

TOURISMNORTHBAY.COM


Discovery Routes
There's no end to our trails

Discovery Routes Trails Organization is a local grassroots organization that works collaboratively with partners like Tourism North Bay to promote the use and development of trails in the region in support of better health, tourism, strong communities and environmental appreciation.

A full listing of trails, trail events, maps and more is available.
discoveryroutes.ca



Shawn Moreton
Laurier Woods

BLACK
FOREST

TRAIL TYPE	LOOPS
LENGTH	1 KM–1.5 KM
DIFFICULTY LEVEL	EASY



Trail Information

Open May through October, the trail loops through a towering red and white pine forest stand. Reforestation efforts have been in place since 2006 after a large portion of the forest experienced blow-down in a storm event. A series of

interpretive signs provide information about the forest's history, tree stands and wildlife found in the park. The trail offers a perfect outing for educational groups.

Trailhead Access

Highway 11 North

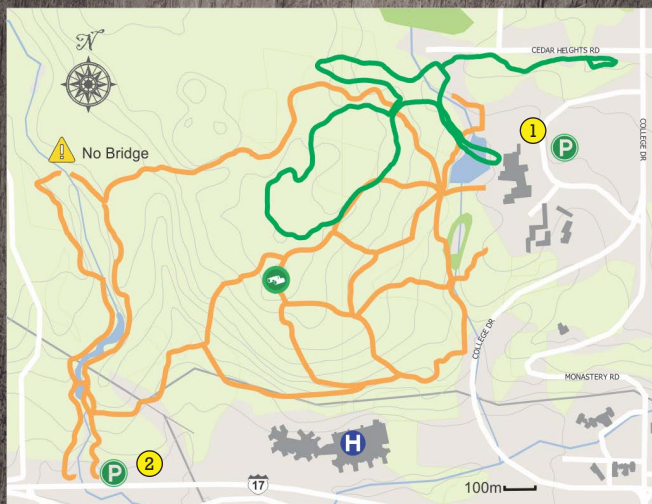
TO FIND OUT MORE:

City of North Bay
Parks, Recreation and Leisure
705-474-0626 ext.2329
cityofnorthbay.ca



 *Discovery Routes*

DUCHESNAY FALLS EDUCATION CENTRE

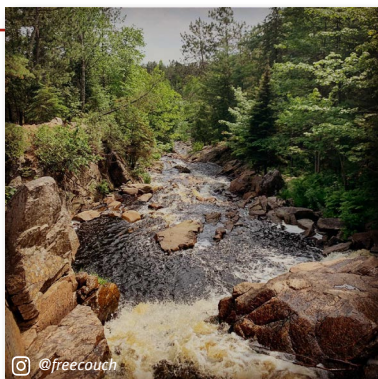


CHECK OUT CAMPUSTRAILS.COM
FOR A MORE DETAILED MAP

TRAIL TYPE	LOOPS
LENGTH	11.6 KM
CROSS-COUNTRY SKI LENGTH	3.5 KM
DIFFICULTY LEVEL	ALL LEVELS

Trail Information

North Bay's iconic Duchesnay Falls draws hundreds of hikers to the trails in every season. The access off Highway 17 offers the best vantage point to view the series of falls as they cascade down the escarpment. The trails can also be accessed from behind the Education Centre from where hikers are rewarded with spectacular views of Lake Nipissing amidst a wilderness setting. In the winter, volunteers groom a series of cross-country ski trails for students and the public alike.



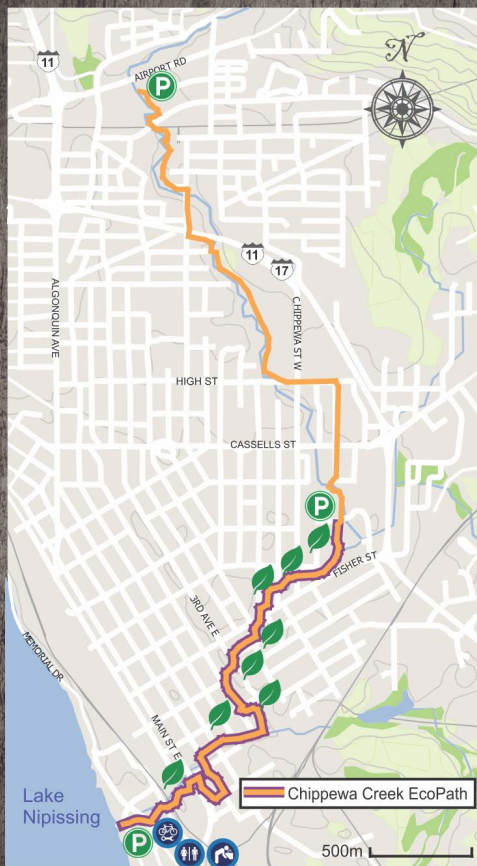
Trailhead Access

There are two access points:

1. 100 College Dr
Canadore College & Nipissing University
2. Highway 17 West



KINSMEN TRAIL





TRAIL TYPE	LINEAR PAVED
LENGTH	7 KM
DIFFICULTY LEVEL	EASY

Trail Information

The Kinsmen Trail is a paved pathway winding along Chippewa Creek through the heart of North Bay. The trail makes use of streets along some sections, but frequent signage and pavement markings make navigation of the trail easy.

The Chippewa Creek EcoPath follows 3.2 km of the trail between Thomson Park and the waterfront. The EcoPath is a local project that fosters stewardship of the creek through plantings to improve water quality and a watershed education program. Interpretive signage along the EcoPath provide information about the program.

Trailhead Access

Davedi Club - 313 Airport Rd
Lee Park - 800 Memorial Dr

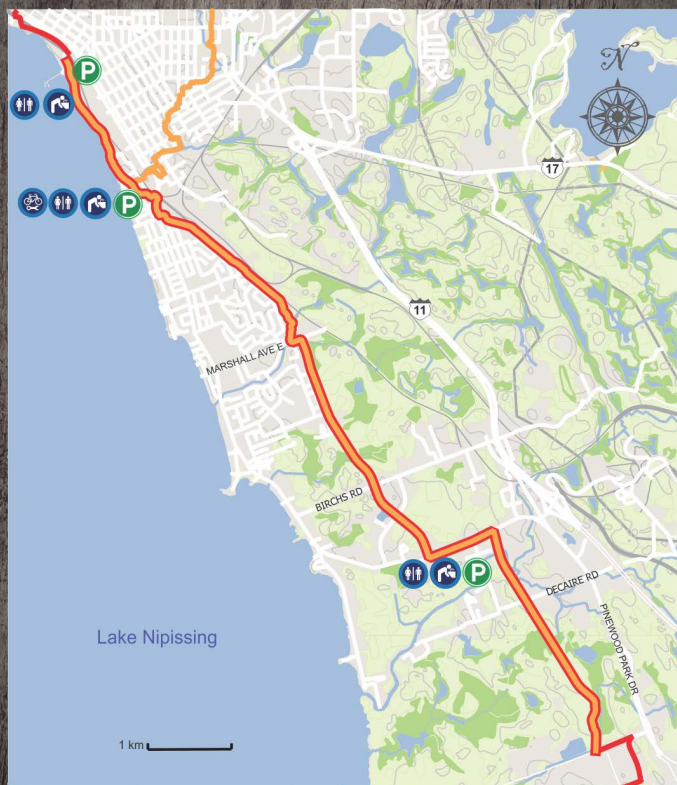
TO FIND OUT MORE:

North Bay-Mattawa Conservation Authority
705-474-5420
nbmca.ca



Discovery Routes

KATE PACE WAY





TRAIL TYPE	LINEAR PAVED
LENGTH	12.8 KM
DIFFICULTY LEVEL	EASY

Trail Information

The Kate Pace Way is a paved pathway that connects North Bay's waterfront with the neighbourhoods and green spaces at the south end of the city. The trail was also recently designated as part of the Voyageur Cycling Route with cycling connections to other provincially-significant routes. The popular trail celebrates a tradition of excellence in sport in the city and honours Olympic skier Kate Pace as its namesake. Adding to its celebrity, the trail is designated as part of the Trans Canada Trail, bringing national attention to the city.

Trailhead Access

Memorial Dr and Lee Park

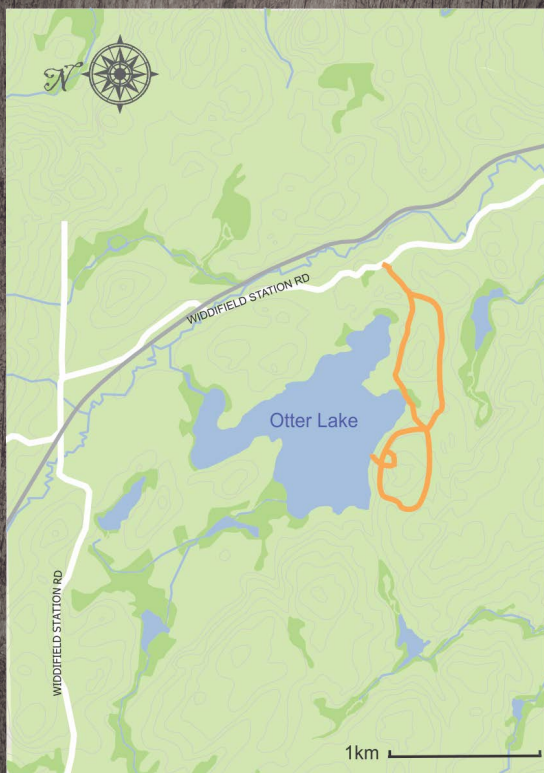


TO FIND OUT MORE:

City of North Bay
Parks, Recreation and Leisure
705-474- 0626 ext.2329
cityofnorthbay.ca



 Discovery Routes

OTTER
LAKE

TRAIL TYPE	LOOP
LENGTH	4.1 KM
DIFFICULTY LEVEL	EASY TO MODERATE

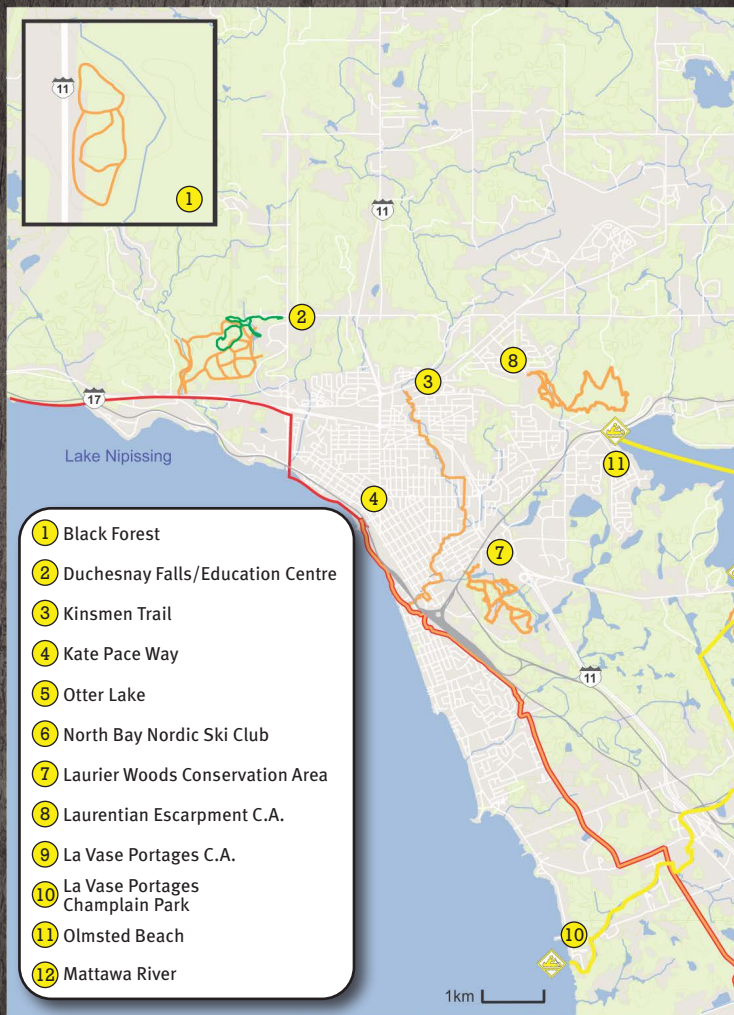
Trail Information

After Lake Nipissing and Trout Lake, Otter Lake is the largest lake in North Bay. The Otter Lake area is a pristine, undeveloped, very large natural area with exciting geographical and natural history. It is just 15 minutes from downtown North Bay, making this area possibly the best kept secret of the city. It is an excellent area in which to hike, canoe, orienteer and snowshoe. No buildings exist on the entire shoreline. Not regularly maintained.

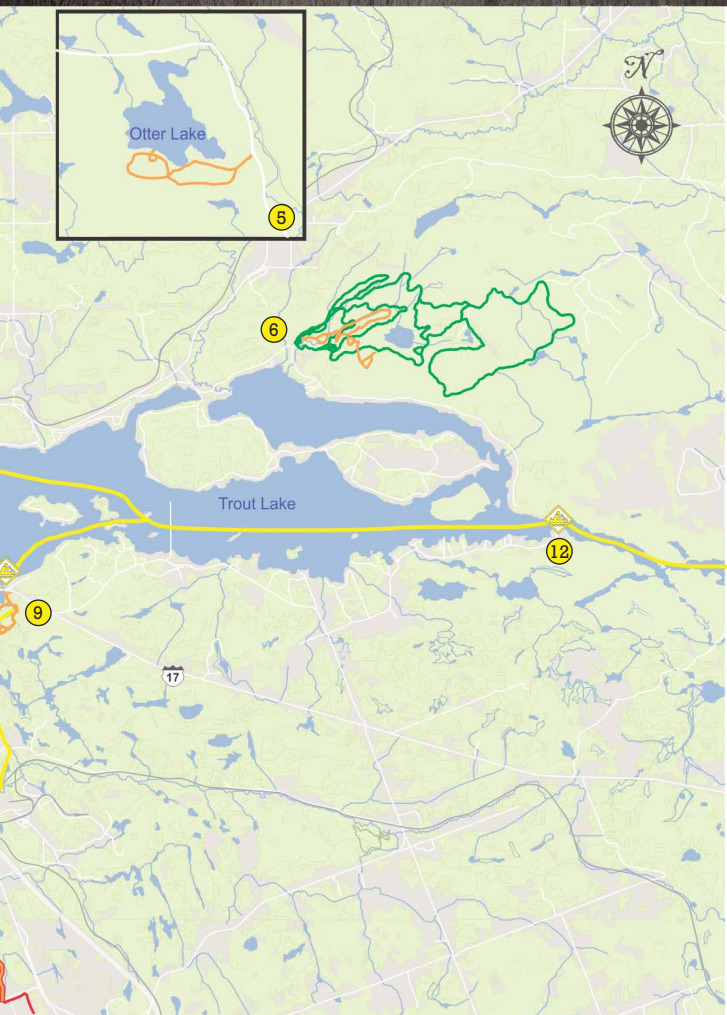
Trailhead Access

Highway 63 to Widdifield Station Rd

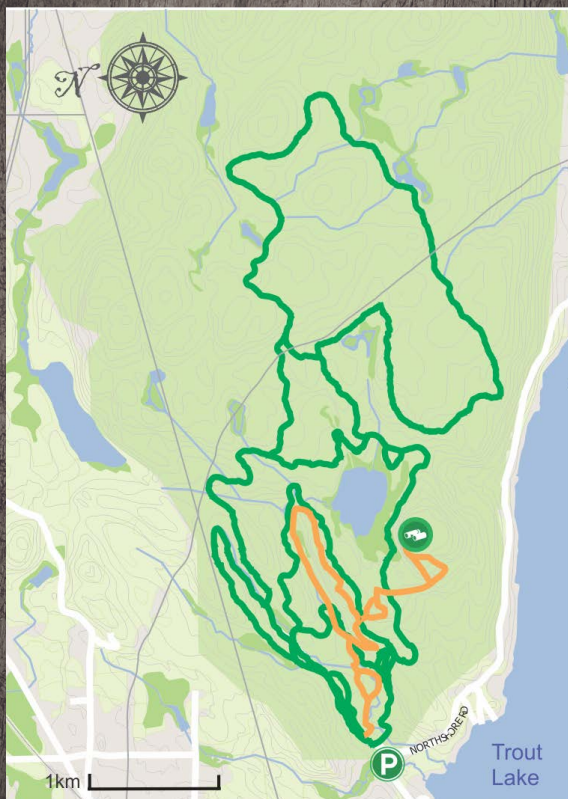




- ① Black Forest
- ② Duchesnay Falls/Education Centre
- ③ Kinsmen Trail
- ④ Kate Pace Way
- ⑤ Otter Lake
- ⑥ North Bay Nordic Ski Club
- ⑦ Laurier Woods Conservation Area
- ⑧ Laurentian Escarpment C.A.
- ⑨ La Vase Portages C.A.
- ⑩ La Vase Portages Champlain Park
- ⑪ Olmsted Beach
- ⑫ Mattawa River



NORTH BAY NORDIC SKI CLUB





TRAIL TYPE	LOOPS
CROSS-COUNTRY SKI LENGTH	0.6 - 18 KM
SNOWSHOE LENGTH	1.6 - 3.4 KM
DIFFICULTY LEVEL	ALL LEVELS

Trail Information

Off the shores of Trout Lake, the North Bay Nordic Ski Club trails span an expanse of Crown Land. The extensive network of groomed cross-country ski trails have a variety of ability levels. The club also offers a network of snowshoe trails that take hikers from stream bed to the Ridge, through a variety of forest cover and frozen swamp. The facility provides a number of amenities including a heated lodge, night skiing and ski and snowshoe rentals. A user fee is in place.



Trailhead Access

630 Northshore Rd

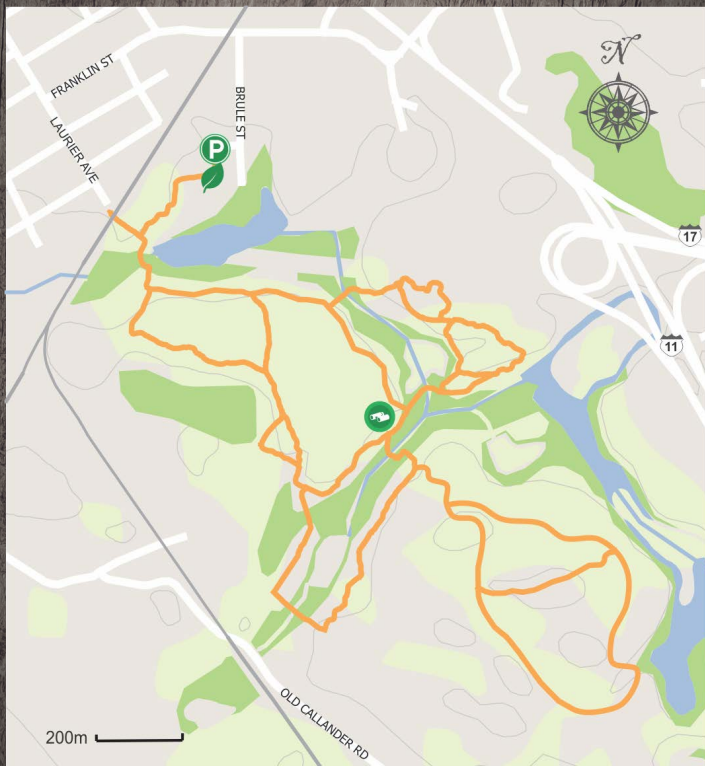


TO FIND OUT MORE:

North Bay Nordic Ski Club
705-495-0332
northbaynordic.ca

 Shawn Moreton

LAURIER WOODS



TRAIL TYPE	LOOPS
LENGTH	10+ KM
DIFFICULTY LEVEL	EASY

Trail Information

Despite being surrounded by urban activity, Laurier Woods is a natural 240 acre haven in the heart of the city. Its preservation has been overseen by dedicated citizens of the Friends of Laurier Woods and the North Bay-Mattawa Conservation Authority. Over time, a series of overlapping looped trails have been developed. The provincially significant wetland complex is home to a tremendous diversity of birds and wetland species. Guided hikes are offered in the spring and an ongoing tally of wildlife spotted in the marsh is posted at the trailhead.



FUN FACT:

Forest Talk

Radio, the Laurier Woods edition, weaves together folktales and forest science to produce an old-fashioned radio comedy experience delivered right to your smartphone as you walk the Orange and White trail. Just download the app, plug in your earbuds, and push GO!

Trailhead Access

Brule St

TO FIND OUT MORE:

North Bay-Mattawa
Conservation Authority
705-474-5420
nbmca.ca



Shawn Moreton | Laurier Woods

LAURENTIAN ESCARPMENT



TRAIL TYPE
LENGTH
DIFFICULTY LEVEL

COMPACTED SOIL
1.9 - 6 KM
ALL LEVELS

Trail Information

The extensive network of trails leading out from the Conservation Authority is open to the public year-round offering spectacular views of the city and a mixed terrain. The trails attract a variety of users from mountain



bikers and dog walkers to school and community groups. In season, snowshoe rentals are available at Laurentian Ski Hill. A detailed trail map is available from the Conservation Authority.

Trailhead Access

15 Janey Ave

TO FIND OUT MORE:

North Bay-Mattawa
Conservation Authority
705-474-5420
nbmca.ca

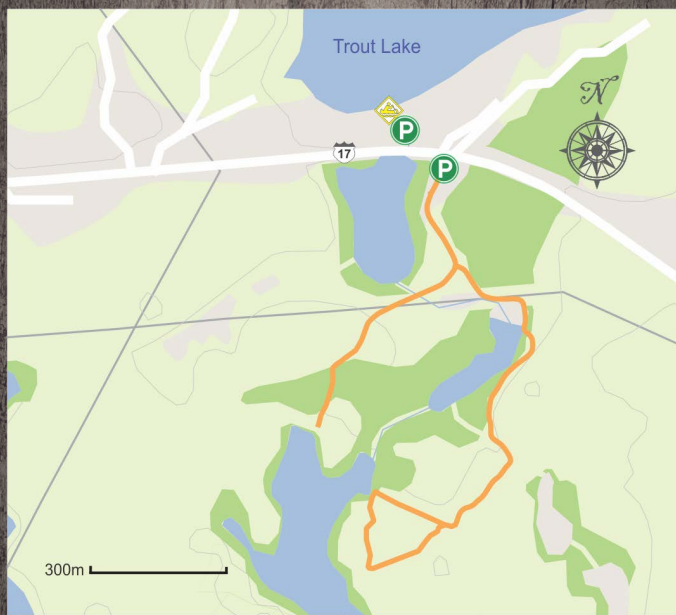


 @freshacorn



 NBMCA

LA VASE PORTAGES HIKING TRAILS



TRAIL TYPE	LOOPS
LENGTH	2.5 KM
DIFFICULTY LEVEL	EASY



Trail Information

In 2012, the Conservation Authority, together with the Friends of La Vase, created a new walking trail at the northern reaches of the historic La Vase Portage. It allows enthusiasts to experience the tranquil waters of a portion of this passageway used by Voyageurs between Trout Lake and Lake Nipissing. The short hike takes about 45 minutes to complete.

Trailhead Access

Highway 17 West

TO FIND OUT MORE:

North Bay-Mattawa
Conservation Authority

705-474-5420

nbmca.ca



NBMCA | *Discovery Routes*

PADDLE



TROUT LAKE - MATTAWA RIVER

The Mattawa River is a Canadian Heritage River used for centuries as a major transportation route by early explorers as they travelled westward following the well-worn paths of the First Nations. The river flows a spectacular 64km through towering cliffs and scenic natural features like the Talon Chutes. From Trout Lake in North Bay to the outflow in the Ottawa River in the town of Mattawa there are a number of day-trips or multi-day options.

Access Points

Olmsted Beach, Trout Lake | Elks Lodge 25 Family Park, Trout Lake
MacPherson Dr, Corbeil

LA VASE PORTAGES

La Vase Portages are a 14 km section of the historic canoe route crossing the height of land between Trout Lake and Lake Nipissing. While some of the historic route has been lost to private interests, the Friends of La Vase continue to work closely with the Conservation Authority on the preservation of the passage. For modern-day explorers, the route is detailed on the Friends of La Vase Portages webpage.

Access Points

Hwy 17 West | Champlain Park

For more trail information
visit lavaseportages.com

 Shawn Moreton | Mattawa River

PADDLE



LAKE NIPISSING

There are a few exciting day-trips that let paddlers explore Lake Nipissing's North Bay. Champlain Park at the mouth of the La Vase River is a great launch site for a trip to the calmer shores of Callander Bay. An expansive cranberry marsh along the north shore of the bay is a great place to spot wildlife.

Access Points

North Bay Waterfront | Champlain Park



NORTH BAY WATERFRONT

The North Bay Waterfront is another great place to spend a few hours playing in the water with stand-up paddle boards, canoes and kayaks available for rent beside the marina. Paddlers venturing out for more than a few hours need to beware - as one of the largest lakes in Ontario, storms can pick up quickly on Lake Nipissing.

BICYCLE



ROAD CYCLE

North Bay has an active community of cycling enthusiasts that get together regularly to ride the country roads and secondary highways that connect the small towns surrounding North Bay. Several of the most popular routes are detailed at **DiscoveryRoutes.ca**. The Voyageur Cycling Route is one such route that follows the Kate Pace Way through North Bay connecting to Sudbury in the west and Ottawa in the east. While not all the 645 km route offers a comfortable ride today, advocates continue to push for improved cycling infrastructure and have had some major successes in recent years with long sections of the route signed and ready to ride.



BICYCLE



MOUNTAIN BIKE

With a 30-metre escarpment wrapping the city, mountain bike adventures are everywhere if you don't mind a few elevation gains to balance out the downhill. A few local favourites are the Laurentian Escarpment Trails and informal trails off Northshore Road and behind the old monastery at the Education Centre. The North Bay Mountain Bike Association formed in 2019 with the vision to unify the mountain bike community and develop a network of legitimate trails to call their own.

FAT BIKING

The demand for great trails in the winter to ride the wildly popular Fat Bike is also on the rise, and North Bay does not disappoint. With the vast network of trails winding across the escarpment from the Education Centre to the Laurentian Escarpment trails and a whole network of informal trails in between, a Fat Bike excursion isn't far.



Road routes and bike trails are outlined at
discoveryroutes.ca



*Discovery Routes |
Connie Hergott*

LET US GUIDE YOU

OFF THE BEATEN TRACK

Guided adventures tailored for any individual or group. Experience the outdoor beauty of North Bay while indulging in fresh, local cuisine and drink along the way.

For more information
visit otbt.ca



SHOCKWAVES PADDLE ADVENTURE

Fully outfitted kayak day trips specializing in small groups for a more memorable outdoor adventure. Flat water trips run 2-6 hours on several of the area's waterways including Trout Lake, Lake Nipissing and more.

For more information
visit shockwaves.ca



*Shockwaves Paddle Adventures
Off The Beaten Track*



SIP AND SAVOUR

THE WHITE OWL BISTRO

639 Lakeshore Dr., North Bay

705-472-2662

whiteowlbistro.ca

THE BOAT LAKESIDE BAR

225 Memorial Dr., North Bay

705-476-0110

theboatnorthbay.com

NEW ONTARIO BREWING COMPANY

1881 Cassels St, North Bay

705-707-1659

newontariobrewing.com

GATEWAY CITY BREWERY

600-612 Gormanville Rd.

Unit 206, North Bay

705-478-0809

gatewaycity.ca



Gateway City Brewery

GEAR UP

CHEAPSKATES

A full service bike, ski and snowboard shop operating year-round.

Bike rentals available.

274 Main St. E, North Bay

705-495-4736

cheapskatesports.com

WHEELHOUSE

A full service bike shop offering sales, service and rentals for every season.

1055 Cassels St, North Bay

705-223-0403

NORTH BAY NORDIC SKI CLUB

Cross-country ski and snowshoe rentals available for use on their extensive trails network.

630 Northshore Rd, North Bay

northbaynordic.ca

LAURENTIAN SKI HILL

Downhill ski, snowboard and snowshoe rentals.

15 Janey Ave, North Bay

705-494-7463

laurentianskihill.com



NORTH BAY

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"An action-packed thrill ride
is closer than you think!"



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True North

NORTH BAY
- SINCE 1884 -

Images courtesy of: City of North Bay, @threekidsinthewoods, @emiliesagle, Kathleen Thorne, Destination Ontario - Courtesy of Virgil Knapp

